

ACSA Annual Forum 2025

Wednesday 9 July 2025

Housekeeping

- No planned fire alarm tests
- Refreshment break at 11:05am and lunch at 12:45pm will be served in the Café on the ground floor
- Photography throughout the day don't want photos taken?
 Please make yourself known to a member of the ACSA team
- Please ensure all mobile devices are turned onto silent mode



Wifi

- Wifi network: Rcoa
- Password: rcoa-purple



Q&As

- <u>AM:</u> Throughout the morning sessions, please raise your hand to ask your question at the end of the speaker's talk and we'll pass you a microphone
- PM: Sli.do for Final Q&A panel at end of the day, please use QR code below and submit your questions throughout the day
- Please upvote the questions you want to be answered







Workshop

12:45-13:45	LUNCH	
Session 3	Workshop	
13:45-14:45	Tricky Standards Workshop	Dr Kate Glennon, ACSA Committee Vice Chair
Session 4	Q&A with All Speakers	
14:45-15:45	ACSA Panel Discussion and Open Forum	All speakers

After lunch:

- Group number is on your badge
- Groups 1-6 = Gallery 1
- Groups 7-11 = Gallery 2



Agenda

ACSA Annual Forum Programme Wednesday 9th July 2025

Royal College of Anaesthetists, London, WC1R 4SG

09:30-10:00	REGISTRATION AND REFRESHMENTS		
Session 1	The ACSA Standards		
10:00-10:10	Welcome and Introduction	Dr Jon Chambers, ACSA Chair and Clinical Lead	
10:20-10:45	2025 ACSA Standards: Key Changes and Domain 5 Integration	Dr Adrian Jennings, Russells Hall Hospital, Dudley & Dr Nick Spittle, Chesterfield Royal Hospital	
10:45-11:05	The new ACSA Standard on Perioperative Allergy	Dr Amy Dodd, North Bristol NHS Trust	
11:05-11:30	REFRESHMENTS		
Session 2	The ACSA Process		
11:30-11:40	ACSA Updates: What's new on the portal	Ms Ruth Nichols, Head of Clinical Quality	
11:40-12:00	Involving anaesthetists in training in the ACSA review process	Dr Tallulah Boddy, Royal Cornwall Hospitals NHS Foundation Trust	
12:00-12:20	A Lay Reviewers' Perspective	Mr Stuart Burgess, ACSA Lay Reviewer	
12:20-12:45	Preparing for ACSA: Tips, pitfalls and helpful hints	Dr Maria Garside & Dr Sarah Goellner, Bradford Teaching Hospitals NHS Foundation Trust	
12:45-13:45	LUNCH		
Session 3	Workshop		
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Why ACSA?

"Requests have come from departments and employers for proactive and supportive professional advice about best practice in the organisation and provision of anaesthetic clinical services in the NHS environment"



My ACSA 'journey'

- Departmental 'interest' in ACSA
- Became ACSA lead for dept
- Became a reviewer
- Co-opted onto ACSA Committee
- Seen the benefits of the process from both sides



ACSA: The Process

- Voluntary scheme = Quality Improvement through peer review
- Department benchmarks their performance against a set of 155 standards taken from the Guidelines for the Provision of Anaesthetic Services (GPAS)* 2025 standards
 - priority 1 (144) = must meet
 - priority 2 (10) = standard in development
 - priority 3 (1) = aspirational standard
- A team of trained reviewers are invited to visit the department to validate the self-assessment of the organisation
- When the organisation meets all the required standards their achievement is recognised by the College

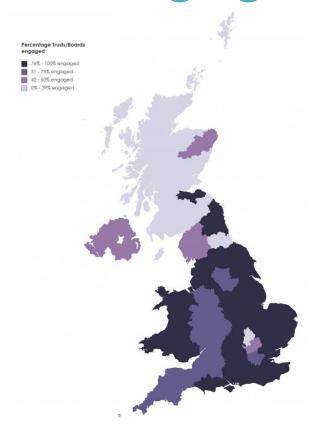


ACSA: The Process

Internal Decision	Registration	Self-assessment	Subscription	Review	Accreditation
You take a collective decision to participate in the ACSA Scheme	You register with the ACSA team on the ACSA portal. We can help you with any queries you have about the scheme and keep you up to date on ACSA news and events	You self-assess using the free ACSA self-assessment tool You work to close the gaps between current practice and the required standards	You decide that you are ready to subscribe to the ACSA Scheme – usually 70% compliant After payment, you are assigned a College Guide	You decide that you are ready for an onsite review visit An ACSA onsite review team, including two clinicians, a lay member and an administrative reviewer, visits the department	You receive the onsite review report and works to close any gaps Once 100% of Priority 1 standards are agreed as being met, the department is awarded accreditation



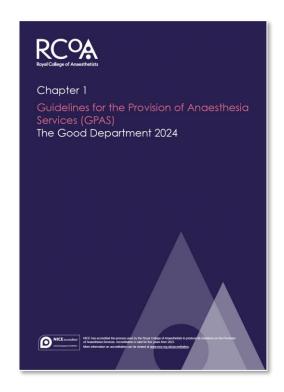
Who is engaged with ACSA?

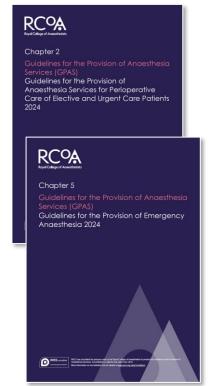


- 131 registered departments (80%)
 - 86% in England
- 77 departments are subscribed to ACSA
- 61 accredited departments (35%)
 - 59 (41%) in England



The origin of the ACSA Standards









The ACSA Standards 2025: DOMAINS

- 1. The Care Pathway
- 2. Equipment, Facilities & Staffing
- 3. Patient Experience
- 4. Clinical Governance
- Subspecialties (Cardiac, Neuro, Vascular, Ophthalmic)



The ACSA Standards 2025: DOMAINS

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The ACSA Standards 2025: SUBDOMAINS

1. The Care Pathway

1.1 Policies

- General
- Non-theatre environment
- High Risk Patients

1.2 Before the procedure

- Pre-assessment
- Consent

1.3 On the day of the procedure

- Intraoperative period
- Services

1.4 Post Procedure

- Recovery
- Recovery Staff
- Escalation of care
- Review and Discharge
- Pain Management

1.5 Emergency Surgery

- Emergency Care Pathway

1.6 Paediatrics

- General
- Policies
- Critically III Children

1.7 Obstetrics

- Policies
- Staffing
- Facilities

Equipment, Facilities & Staffing

- 2.1 Equipment
- 2.2 Drugs, fluid and blood
- 2.3 Anaesthetic Records
- 2.4 Facilities
- 2.5 Staffing

3. Patient Experience

3.1 Patient Information

- Patient Decision Making
- Communication

3.2 Care of the individual

- Dignity
- Patients with Additional Needs

4. Clinical Governance

4.1 Departmental Management

- Planning
- Leadership
- Culture

4.2 Learning from Experience

- Incident reporting
- Audit and QI
- Outcome Measurement

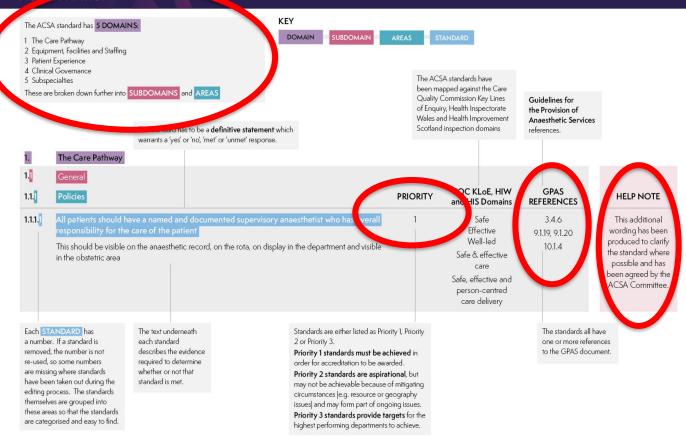
4.3 Workforce

- Recruitment
- Induction



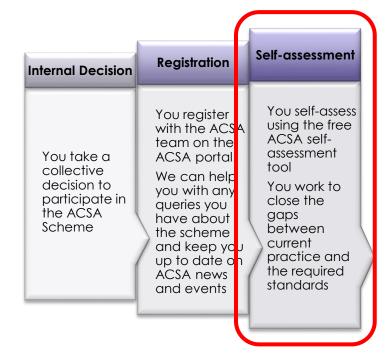
THE STRUCTURE OF A STANDARD

ACCPELITATION





ACSA: The Process





Do you meet the ACSA Standard?

4 key questions......



Do you meet the ACSA Standard?

- 1. What does the standard require?
- 2. How should we rate ourselves & why?
- 3. What evidence can we provide to support our assessment?
- 4. Met, Not Met or Not applicable



Where to start?

- Self-assessment against the ACSA standards
 - What are our strengths and weaknesses?
 - What is the size of the gap between current practice and meeting the ACSA standards?
- Communication with colleagues clinical and non-clinical
 - Involving as many people as possible from the start will make it easier to identify problem areas
 - Share the load
 - Management support is essential
- Improvement what and how can we improve?
 - Some improvements will be straight forward to implement, even before the department is formally engaged with ACSA
 - Other improvements will take more effort and the College will offer help from experienced clinicians and via examples of good practice



How did we approach ACSA?

- Departmental agreement at the start
- Lead roles agreed
- Divided up standards into clinical areas

- Regular review of progress
- Carrot vs Stick
- Deadline book the date of ACSA Visit



What did ACSA ever do for us...?

- Gave the department a common purpose
- Shone a light on areas of 'old' practice
- Opportunity to further develop new initiatives (POM, Pre-assessment, PROMS)
- Raised our profile within Trust/Region
- Helped us review our process post pandemic



ACSA - 10 years in numbers...

- As a result of their ACSA review:
 - 20 departments have increased the provision of capnography throughout the patient journey
 - 11 departments have improved preoperative assessment services, both adult and paediatric through increasing consultant sessions within the service
 - 9 departments have introduced or expanded a separately staffed elective theatre for their maternity services





New Standards 2025

Dr Adrian Jennings Consultant Anaesthetist, The Dudley Group NHSFT Member of the ACSA Committee

Dr Nick Spittle
Consultant Anaesthetist, Chesterfield Royal Hospital
Member of ACSA Committee

A double act



- ACSA standards reviews
- Overview of 2025 changes
- In detail discussion of new standards
- Time for questions



A little history

- ACSA launched in 2014
- Annual review of standards until 2022
- Now 3-yearly review of standards





ACSA Anaesthesia Clinical Services Accreditation Royal College of Anaesthetists

ACCREDITATION

THE STRUCTURE OF A STANDARD

KEY The ACSA standard has 5 DOMAINS: DOMAIN 1 The Care Pathway 2 Equipment, Facilities and Staffing 3 Patient Experience 4 Clinical Governance The ACSA standards have 5 Subspecialties been mapped against the Care These are broken down further into SUBDOMAINS and AREAS Quality Commission Key Lines Guidelines for of Enquiry, Health Inspectorate the Provision of Wales and Health Improvement **Anaesthetic Services** Scotland inspection domains The standard has to be a definitive statement which references. warrants a 'yes' or 'no', 'met' or 'unmet' response. The Care Pathway CQC KLoE, HIW GPAS 1.1. **Policies** PRIORITY HELP NOTE REFERENCES and HIS Domains All patients should have a named and documented supervisory anaesthetist who has overa Safe 3.4.6 This additional Effective wording has been 9.1.19, 9.1.20 Well-led produced to clarify This should be visible on the anaesthetic record, on the rota, on display in the department and visible 1014 the standard where Safe & effective in the obstetric area possible and has care been agreed by the Safe, effective and ACSA Committee. person-centred care delivery Each STANDARD has The text underneath The standards all have Standards are either listed as Priority 1, Priority a number. If a standard is one or more references each standard 2 or Priority 3. removed, the number is not describes the evidence to the GPAS document. Priority 1 standards must be achieved in required to determine re-used, so some numbers order for accreditation to be awarded. are missing where standards whether or not that Priority 2 standards are aspirational, but have been taken out during the standard is met. may not be achievable because of mitigating editing process. The standards circumstances (e.g. resource or geography themselves are grouped into issues) and may form part of ongoing issues. these areas so that the standards Priority 3 standards provide targets for the are categorised and easy to find. highest performing departments to achieve.



Current ACSA domains

- 1 The care pathway
- 2 Equipment, facilities & staffing
- 3 Patient experience
- 4 Clinical Governance
- 5 Anaesthesia subspecialty
 - Cardiothoracic services
 - Neuroanaesthesia & neurocritical care
 - Ophthalmic services
 - Vascular services



Prioritisation of standards

One

Must be achieved for accreditation

Two

Should be achievable for most departments

Three

Aspirational for most departments



ACSA standards review process

- Initial consultation & call for suggestions
 - ACSA accredited departments
 - ACSA committee members
 - Specialist societies
 - Wider RCOA, including Patient Voices representatives
- Standards Review Day
- Draft changes debated at ACSA committee meeting
- Final consultation period
- Finalised changes signed off by RCOA



Changes made to the standards in 2023

New standards

1

Deleted standards

4

- Priority changed
 10
- Additions or amendments
 45



Issues with Domain 5

- Only covers 4 subspecialties
- Opt –in, unless your hospital only does that subspecialty,& costs more.
- Also covers (some) critical care of subspecialty patients
- Not separately identified on ACSA accreditation plaques!
- Potential for stakeholder confusion

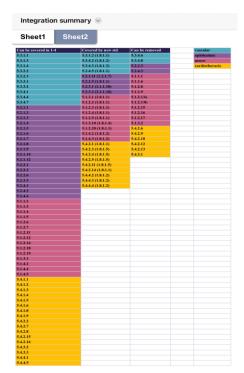






2025 Standards Review – Domain 5 changes

- To assess and remove all 106 Domain 5 standards
- 61 Domain 5 standards already covered in D1-4
- 25 can be covered by new standards in Domains 1-4
- 20 can be removed completely





Changes made to the standards in 2025

- New standards8
- Deleted standards
 111 (106 from Domain 5)
- Priority changed2
- Additions or amendments
 44







New Standards



- 3 in Care Pathway
- 1 in Equipment, Facilities and Staffing
- 4 in Clinical Governance



"All new standards are assigned to Priority 2 in their first year but may become Priority 1 after that."



1.2.1.7 Where appropriate, anaesthetists contribute to MDT pathways within relevant patient pathways.

EVIDENCE REQUIRED

Mechanisms for input to MDT meetings. Anaesthetists who are required to attend MDT meetings confirm that this is recognised in their job plans. Local clinical pathway/policies show evidence of multidisciplinary input where appropriate. Evidence of shared learning from relevant specialty M&M and audit meetings.



1.2.1.8

Guidelines are in place for the prevention and management of postoperative cognitive dysfunction and postoperative delirium.

EVIDENCE REQUIRED

Copy of guidelines provided. Verbal confirmation from staff that guidelines are followed.



1.2.1.9

Policies are in place for the management of perioperative allergy, including referrals to allergy clinics where appropriate.

EVIDENCE REQUIRED

Copy of policy provided. The policy should include processes for patients who suffer suspected perioperative allergic reactions and pathways for patients who meet the criteria to be referred to a specialist allergy clinic for investigation. Clinical governance arrangements for suspected perioperative allergic reactions should be specified. Verbal confirmation from staff that policies are followed.

2.1.1.18

Specialised monitoring and equipment appropriate to the surgery undertaken is available with staff who are trained and competent to use it. This is adequately maintained.

EVIDENCE REQUIRED

Presence of equipment appropriate to anaesthetic services provided. Staff should confirm that they are trained and competent in its use.



The department has processes in place to regularly review Specialist, Specialty, Locally Employed Doctor and Fellow posts, to ensure that they best support the individual and contribute to career progression.

EVIDENCE REQUIRED

Verbal confirmation of processes from Clinical Director and relevant staff groups.



All anaesthetists within the department (including Specialists, Specialty, Locally Employed Doctors and Fellows) should be provided with the support to enable career development. This should include, but is not limited to, educational supervision, pastoral care and access to study leave.

EVIDENCE REQUIRED

Evidence of opportunities for education supervision, opportunities for leadership and educational roles, and mentorship programmes (if available) should be provided. Specific groups should be interviewed about their practices and training.

Anaesthetic provision for elective subspecialist surgery is delivered by a group of consultant or autonomously practising anaesthetists who maintain current competency in that subspecialty area.

EVIDENCE REQUIRED

Staff should confirm that they have appropriate opportunities for sub-specialty CPD.



Those consultants or autonomously practising anaesthetists who provide emergency cover to sub-specialty clinical areas but who do not undertake regular anaesthetic practice in that sub-specialty have time to attend appropriate CPD and attend sub-specialty surgery lists in a supernumerary capacity.

EVIDENCE REQUIRED

Verbal confirmation from those who deliver emergency subspecialty anaesthesia out of hours.



Timeline

Have now been published

Portal – next few weeks following web development Departments recertifying >3 months will follow the new standards





ACSA Standard on Perioperative Allergy

Dr Amy Dodd

Consultant Anaesthetist North Bristol NHS Trust PAN Steering Committee amy.dodd@nbt.nhs.uk



Overview

Perioperative Allergy Network (PAN)

ACSA Standard in Perioperative Allergy

What can PAN do to help?





















PAN

>200 members- anaesthetists/allergists/immunologists

Training and educational events

Publications





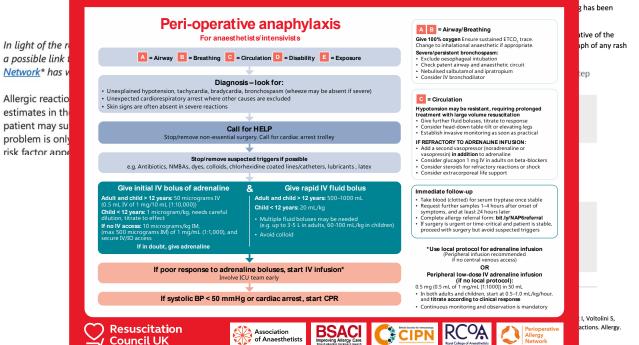


Perioperative Allergy Network recommendations for deciding which patients to refer for investigation of suspected perioperative hypersensitivity reactions

There is variability in the referral patterns for investigation of suspected perioperative allergy, particularly in respect to the referral of minor or cutaneous reactions.

In line with the European Academy of Allergy and Clinical Immunology¹, the Perioperative Allergy Network states the following:

 Any patient with a suspected hypersensitivity reaction of modified Ring and Messmer grade 1-4 should be referred for investigation, irrespective of the results of mast cell tryptase sampling









ACSA Standard in Perioperative Allergy

 1.2.1.9 Policies are in place for the management of perioperative allergy, including referrals to allergy clinics where appropriate

EVIDENCE REQUIRED

- Copy of policy provided.
- The policy should include processes for patients who suffer suspected perioperative allergic reactions and pathways for patients who meet the criteria to be referred to a specialist allergy clinic for investigation.
- Clinical governance arrangements for suspected perioperative allergic reactions should be specified.
- Verbal confirmation from staff that policies are followed.



ACSA Standard in Perioperative Allergy

- 1.2.1.9 Policies are in place for the management of perioperative allergy, including referrals to allergy clinics where appropriate
- PRIORITY 2
- CQC KLoEs
 Safe, Effective, Responsive, Well-led
- HIW Domains
 Safe and effective care
- HIS Domains
 Safe, effective and person-centred care delivery; Policies, planning and governance



- 2.1.15 ... policies covering the entire perioperative period should be held and easily accessible for the management of patients with ...:
- allergies, including perioperative management of latex and chlorhexidine allergies
- Helpnote: Chlorhexidine-free box



- 2.4.1 Objective assessment of risk should be routine and the identification of increased risk should trigger advanced planning specific to that patient... This assessment should be based on:
- medication history and allergy status



- 2.4.9 ...internal referral pathways to other specialties should be in place for the minority of cases in which this may be required to expedite further investigation and patient optimisation.
- Anaesthetist's responsibility to refer (ideally consultant and in communication with Anaesthetic Allergy Lead)
- Helpnote:
 - PAN guidance on who to refer
 - NAP6 tools



Specialist allergy referral

PAN recommendations







Perioperative Allergy Network recommendations for deciding which patients to refer for investigation of suspected perioperative hypersensitivity reactions

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In line with the European Academy of Allergy and Clinical Immunology¹, the Perioperative Allergy Network states the following:

- Any patient with a suspected hypersensitivity reaction of modified Ring and Messmer grade 1-4 should be referred for investigation, irrespective of the results of mast cell tryptase samoline.
- 2. Patients with transient, self-limiting flushing should not be referred
- 3. Patients with only localised erythema (e.g. localised to the arm where a drug has been injected) should not be referred

With any referral please include: referral form, copy of anaesthetic chart, brief narrative of the event, current medications, medical history and a suitable non-identifiable photograph of any rash

TABLE 1 Classification of clinical severity of perioperative immediate hypersensitivity: modified Ring and Messmer four-step grading scale^{66,67}

Grade I Skin or mucosal signs only

- · generalized erythema
- · extensive urticaria
- · with or without angio-oedema
- -

Grade II Moderate signs from several organ systems

- · skin or mucosal signs
- ± hypotension ± tachycardia
- ± bronchospasm
- · ± gastrointestinal signs

Grade III Life-threatening signs from one or more organ systems

- cardiovascular collapse (life-threatening hypotension)
- · tachycardia or bradycardia ± cardiac dysrhythmia
- ± bronchospasm
- ± skin or mucosal signs
- · ± gastrointestinal signs

Grade IV circulatory and/or respiratory arrest

Table 1 taken directly from EAACI position paper¹

1 – Garvey LH, Ebo DG, Mertes PM, Dewachter P, Garcez T, Kopac P, Laguna JJ, Chiriac AM, Terreehorst I, Voltolini S, Scherer K. An EAACI position paper on the investigation of perioperative immediate hypersensitivity reactions. Allergy. 2019 0c:174(10):1872-1884. doi: 10.1111/all.1820. Foub. 2019 jun 18. PMID: 30964555.







Refer any patient with:

- Generalised skin or mucosal signs
- Moderate signs from several organ systems
- Life-threatening signs from 1 or more systems
- Cardio-respiratory arrest



Specialist allergy referral

NAP6 tools





Specialist allergy referral

Fatal Anaphylaxis Registry (UKFAR)





 2.4.16 Anticipated difficulty with anaesthesia should be brought to the attention of the anaesthetist as early as possible before surgery



Peri-operative anaphylaxis

For anaesthetists/intensivists

A = Airway B = Breathing C = Circulation D = Disability E = Exposure

Diagnosis - look for:

- · Unexplained hypotension, tachycardia, bradycardia, bronchospasm (wheeze may be absent if severe)
- · Unexpected cardiorespiratory arrest where other causes are excluded
- · Skin signs are often absent in severe reactions

Call for HELP

Stop/remove non-essential surgery. Call for cardiac arrest trolley

Stop/remove suspected triggers if possible

e.g. Antibiotics, NMBAs, dves, colloids, chlorhexidine coated lines/catheters, lubricants, latex

Give initial IV bolus of adrenaline

Adult and child > 12 years: 50 micrograms IV (0.5 mL IV of 1 mg/10 mL [1:10,000])

Child < 12 years: 1 microgram/kg, needs careful dilution, titrate to effect

If no IV access: 10 micrograms/kg IM, (max 500 micrograms IM) of 1 mg/mL (1:1,000), and secure IV/IO access

If in doubt, give adrenaline

Give rapid IV fluid bolus

Adult and child > 12 years: 500-1000 mL Child < 12 years: 20 mL/kg

- Multiple fluid boluses may be needed (e.g. up to 3-5 L in adults, 60-100 mL/kg in children)
- Avoid colloid

If poor response to adrenaline boluses, start IV infusion*

Involve ICU team early

If systolic BP < 50 mmHg or cardiac arrest, start CPR











A B = Airway/Breathing

Give 100% oxygen Ensure sustained ETCO, trace. Change to inhalational anaesthetic if appropriate.

Severe/persistent bronchospasm:

- Exclude oesophageal intubation
- · Check patent airway and anaesthetic circuit
- · Nebulised salbutamol and ipratropium
- · Consider IV bronchodilator

C = Circulation

Hypotension may be resistant, requiring prolonged treatment with large volume resuscitation

- · Give further fluid boluses, titrate to response
- · Consider head-down table-tilt or elevating legs
- Establish invasive monitoring as soon as practical

IF REFRACTORY TO ADRENALINE INFUSION:

- Add a second vasopressor (noradrenaline or vasopressin) in addition to adrenaline
- Consider glucagon 1 mg IV in adults on beta-blockers
- Consider steroids for refractory reactions or shock
- · Consider extracorporeal life support

Immediate follow-up

- · Take blood (clotted) for serum tryptase once stable
- · Request further samples 1-4 hours after onset of symptoms, and at least 24 hours later
- Complete allergy referral form: bit.lv/NAP6referral
- If surgery is urgent or time-critical and patient is stable. proceed with surgery but avoid suspected triggers
- Refer fatal cases to bit.lv/UKFAR

*Use local protocol for adrenaline infusion

(Peripheral infusion recommended if no central venous access)

Peripheral low-dose IV adrenaline infusion (if no local protocol):

0.5 mg (0.5 mL of 1 mg/mL [1:1000]) in 50 mL

- In both adults and children, start at 0.5–1.0 mL/kg/hour. and titrate according to clinical response
- Continuous monitoring and observation is mandatory







Royal College of Anaesthetists

- 2.11.11 ...established policy to ensure clear communication of continuing requirements at discharge...to include communication with primary care...
- Surgical teams will ordinarily be responsible for most of this process.

Helpnote: NAP6 tools



PAN: How can we help you?

- Resources
 - Leaflets
 - Education packages
- Annual seminars
- Become a member





Questions





Refreshment Break

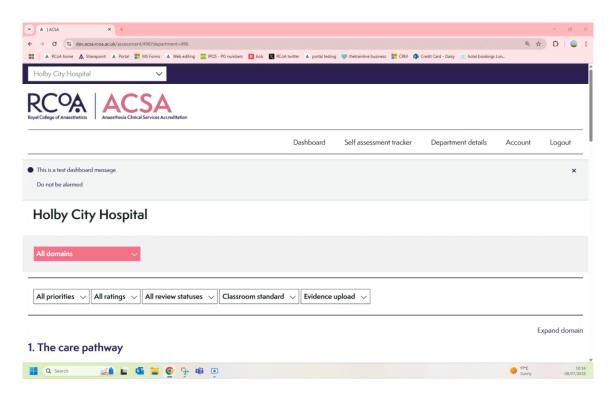
Please make your way up to the café We will return at 11:30am



What's New on the Portal

Ruth Nichols, Head of Clinical Quality, RCoA Wednesday 9 July 2025

Notes



Automatic username and date

All previous notes and evidence since the portal began is transferred over – don't worry!

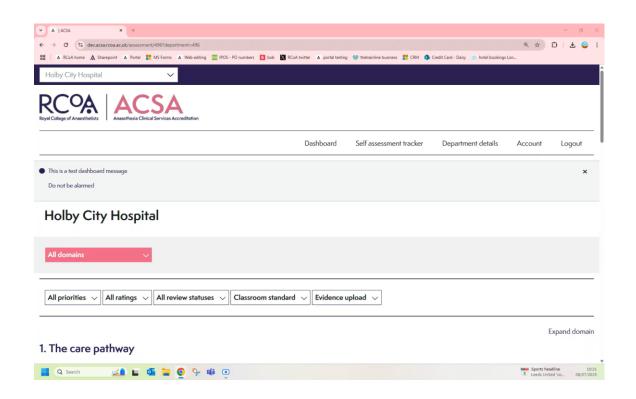


Evidence

Multiple files can be uploaded at one time

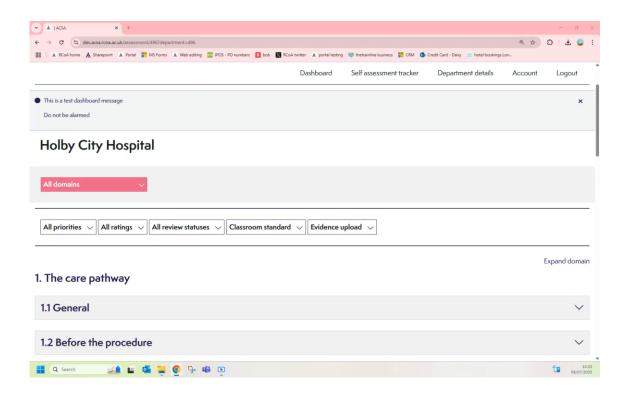
Multiple standards can be selected from a drop-down list, per piece of evidence

Evidence bank





'Evidence Upload' filter



Can filter by the date last evidence was uploaded

Helpful to see what other colleagues have uploaded/ where you left off



Other key changes

- Key announcements from ACSA Team
- Longer title name issue has been resolved
- ACSA team can now see each department's latest activity on the backend





An AlT's Perspective

Dr Tallulah Boddy

Stage 3 Anaesthetist in Training



Overview

- My ACSA Journey
- Utilising your AiTs/non consultant grade anaesthetists
- Torbay ACSA Experience
- Tricky standard 3.1.2.2 and Day surgery optimisation





My ACSA Journey

- SIA in Management and Regulatory Bodies
- Trainee ACSA Lead
- Supportive and experienced ES
- Supportive and 'on board' department
- ACSA review team member





How did I benefit?

- Broad insight of all aspects of department
- Insight into divisional and organisational structure and roles
- Personal capital within organisation
- Supervision of more junior colleagues
- Management time, people, meetings
- Policy writing and ratification process





How to utilise your AiTs

- Management SIA
- Senior trainees supervising and delegating to junior trainees
- Policies, QI projects, options appraisals
- 'trainee lead' roles
- ACSA 'Fellowships' for 'non training' positions





Benefits to Department

- Cheaper than consultant PA!
- Integration of trainees into change processes
- Motivated individuals who have recent experience of other trusts
- Individuals who work within other areas of trust
- Creating personnel who are integrated into trust for future substantive roles





Benefits to AiTs

- Broad insights into department and trust
- Leadership
- Meaningful QI
- Personal capital within trust





Torbay's ACSA Journey

- Third accreditation cycle
- Constant re-evaluation
- Momentum esp. around continued processes (staff training etc.)
- 'On board' department and trust level knowledge/acceptance of process





What has Torbay gained?

- USS provision
- Monitoring updated
- Rest facilities
- DFA
- Theatre alarms
- ODP availability for safe obstetric provision
- Maintained Recognised SPA roles
- Policy updates
- Recovery training





Torbay Day Surgery

- BADS
- Culture
- Dedicated teams
- Multiskilled nurses
- Emergency DS pathways





Dedicated Teams

- Booking
- Pre Assessment*
- Admission
- Surgery
- Recovery*
- Discharge*
- Follow up*

* Multiskilled nurses





Tricky Standard

Day surgery

• 3.1.2.2 Day surgery patients are given clear and concise written information on discharge including access to a 24/7 staffed telephone line for advice





Day Surgery Information

- Day surgery handbook at PAC
- Patient specific discharge information through PICIS system
 - + EIDO leaflets
- Copies of their discharge summary
- TTO's and instructions
 - Pre printed (but editable) recovery and TTO prescriptions. Patients are categorised according to expected pain scores for their procedure.





Point of Contact

Telephone numbers

- In hours: DSU triaged by a nurse. Outcome is usually nurse led advice in about 50% of cases or nurse refers to appropriate specialty - usually the specialty registrar.
- OOH: General senior nurse bleep holder in the hospital who triages calls e.g. SRU/ED





Day Surgery at Torbay

- All patients called next day
 - Audit and QI
- 'At home carers' pathway
- 'Home alone' policies





Thank you

- Dr Omar Islam
- Dr Theresa Hinde
- Alex Alen
- TSDFT Anaesthetic Department and Day Surgery Unit
- RCOA ACSA team





Questions?

Thank you!

Tallulah.boddy@nhs.net







The Voice of a Lay Reviewer

Mr Stuart Burgess, ACSA Lay Reviewer

The voice of a lay reviewer

- Introduction
- .The lay perspective



- •How can departments best meet the standards?
- Specific standards highlighting good practice from my experience
- Patient voices
- .Postscript



Preparing for ACSA

Maria Garside & Dr Sarah Goellner, Bradford Teaching Hospitals NHS Foundation Trust

PREPARING FOR ACSA

Tips, pitfalls and helpful hints

Maria Garside & Simon Cousins

Bradford Teaching Hospitals NHS Foundation Trust



BRADFORD'S EXPERIENCE

- ► Engaged 2017
- ▶ 1st Visit June 2019
- ► Report Oct 2019
 - ► Due to complete meeting all standards March 2020
- ► COVID-19
- ► Accredited May 2021
- ➤ Yearly review process
- ▶ 2nd Visit March 2025
- ► Report July 2025

► Encourages cohesion across all staff groups and cross-specialty

BENEFITS

▶ Leads to continual improvement and maintenance of high standards

▶ Recognised by CQC

► For ACSA leads – networking + overall knowledge of services

Theatre staff training

Cell salvage

Local anaesthetic storage

Trust Sedation Committee

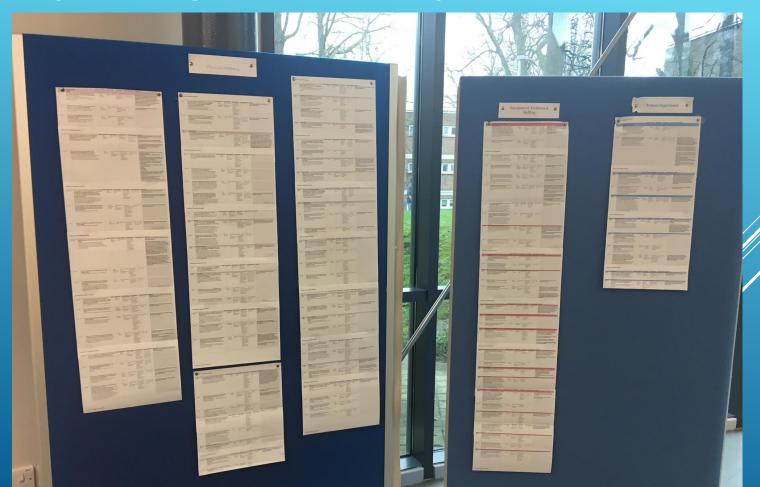
Call bells

TANGIBLE IMPROVEMENTS

It's all about patient care

Get
everyone
involved/

ACSA PRESENTATION DAY – ALL STAFF



Exec support and departmental involvement	
1-3 yrs	
Engagement and Self-assessment	
1-1.5 yr	
Choose date for visit	
6-9 months	
Completing audits, submitting evidence	
6 months	
Confirming colleague availability + presentations	
4 months	
Portal closes	TIAAELIKU
8 weeks	TIMELINI
Classroom standards provided	
5 weeks	
Increasing staff awareness and involvement for visit	
4 weeks	
Event planning	
2-4 weeks	
Final preparations	
1-2 days	



- ▶ Start early it's never too early!!
- ▶ Delegate (co-ordinator not lead)
- ▶ Bring people on board
- ► Face to face communication >> short and long term benefits
- ▶ Be opportunistic / don't be annoying
- ▶ Consider other people's needs and commitments
- ► Do something everyday

HELPFUL HINTS





Big things happen one day at a time

IMPROVEMENT IN CARE IS MULTIFACTORIAL

- ▶ Improved teamworking
- ► Improved colleague communication
- ► Improved morale
- Improved multidisciplinary effectiveness

>> All lead to improved efficiency and patient safety



How does this standard fit in with my colleague's area of work?

How will this standard help to improve care in their area?

How will this standard make life better for my colleague?

How can I help my colleague with what they are trying to achieve?

Why is this standard important to my colleague?

Does my colleague have the capacity to consider this now?

Is there an anaesthetist in training who would benefit from helping to achieve this standard?

CONSIDER OTHERS

My lack of planning does not constitute my colleague's emergency

PITFALLS

Some things take a long time to change (eg LA storage)

- Culture
- Equipment

Policies

- Updates
- New policies write, get approved

Gathering + Uploading evidence takes longer than you think!!

- Deciding what to submit
- Allow for IT failures

People not being available on the day to meet the review team

Staff availability

- ►Involve everyone
- ►Use your college guide early
- ► Weekly meetings with Manager
- ▶Set your own deadlines early!
- ▶ Expect your colleagues to fail
- ▶Involve trainees a key asset

TOP TIPS

- ▶ Keep a list of audits to hand out
- ► Collect evidence over the year
- ▶ ACSA Fact sheets in final 4 weeks
- ▶ Plan the classroom session
- ▶Someone on rooms, food, transport
- ▶Extra people for walkabout session

TOP TIPS

Check Staff Systems Sessions

FINAL PREP 1-2 DAYS

Staff - people know when and where to meet review team, correct staff available

Systems - IT systems, rooms set up, transport, catering

Sessions - classroom session, walkabout

FINAL PREP 1-2 DAYS

Day one: Wednesday 19th March

09:00–09:15 Introduction, briefing and housekeeping

This will include an overview of the objectives of the review and the agenda.

09:15 - 10:00 - Presentation

Presentation by the department including a summary of service provision from relevant subspecialty leads.

10:00 – 12:00 Classroom session

The classroom standards identified by the ACSA review team are discussed

CLASSROOM SESSION

30 STANDARDS TO DISCUSS IN DETAIL

Standard	Standard	Staff member
-	▼	▼
1.7.2.1	A duty anaesthetist is immediately available for the obstetric unit 24 hours a day. Where the duty anaesthetist has other responsibilities, they should be able to delegate care of their non-obstetric patient in order to be able to attend immediately to obstetric patients. The rota should be seen to allow obstetrics to take pricrity where the duty anaesthetist has other responsibilities. A policy should be made available at staff induction regarding prioritising and junior staff should provide verbal confirmation that they have been inducted in this way. Maternity Incentive Scheme (MIS) or equivalent evidence and audits should also be provided.	Al Hughes / S Ali - Obstetric Lead / Department Lead
1.7.2.3	A system is in place to ensure women requiring antenatal and postnatal anaesthetic referral are seen by an obstetric anaesthetist within an appropriate timeframe. Verbal confirmation should be given that a system, which staff are satisfied allows enough time, is in place. Women who wish to discuss previous difficult experiences with obstetric anaesthesia and analgesia should be able to do so, even if events were some time in the past.	Al Hughes / S Ali - Obstetric Lead / Department Lead
2.1.1.17	The department has a plan to address the environmental sustainability of their anaesthetic practice. There should be a regularly reviewed plan for increasing environmental sustainability in the department. A lead should be named. This does not	K Wilkinson - Sustainability lead

Showcase by Department Leads

rather than a

tick box exercise

CLASSROOM SESSION

1.1.3.2

Author (name and

Version Number:

Approval Committees:

2025

2030

designation):

Ratified by:

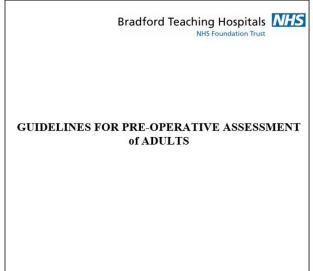
Date ratified:

Date issued:

Review date:

Arrangements are in place for the multidisciplinary management of frail patients.

A copy of the policy should be provided. Such a policy should include the involvement of physicians and a formal system for assessing and recording frailty and the cognitive status of patients during preoperative assessment.



Samantha Kritzinger (Consultant Anaesthetist)





SUMMARY

Remember - it's all about lasting safety and quality improvement

Involve everyone

Do something everyday

Be opportunistic

Use the good practice library / college guide

Don't be surprised when people let you down

Everything takes longer, so give yourself extra time at every stage

Plan to have lots of extra people available for the visit

It's all about patient care

Get
everyone
involved/



Maria.Garside@bthft.nhs.uk

Trainees: A key asset in ACSA preparation

Dr Sarah Goellner

Anaesthetic Registrar ST6
Bradford Teaching Hospitals NHS Foundation Trust



Key takeaways for trainee involvement in the ACSA process

- Creates significant **efficiencies** in the ACSA process
- Engages trainees with the department and team trainees feel part of the department
- Helps trainees meet training curriculum standards
- Currently, trainee involvement is not a formal requirement of ACSA

Outline

01	How we engaged trainees
02	Examples
03	Benefits

Engaging trainees (how)

Formalising the process of recruiting trainees increases buy-in

Timeline: Aug 2024 - Mar 2025

- Make a formal request with a clear scope not just a casual ask
- Be upfront about what's involved to align expectations
- Give autonomy with the right balance of support (avoid the "job monkey" feeling)
- A trainee lead/champion was key to engagement
- Use a WhatsApp group for **coordination**

Audit and QI work for ACSA - Aug 2024 Below are the ACSA standards for which we need some evidence in the form of audits and / or improvements in our current practice, with my notes underneath each one in green. Some are short and quick; for some the work will be more extensive. Please contact me with any questions and if you would like to work towards achieving one of these. 1.1.2.2 There is a policy to address the airway management of adults and children in the emergency The policy should be provided, its location should be pointed out and should be easily accessible, consistent with other areas, and staff should be able to relay the main points and what is expected of them verbally. 1.4.5.3 Specialist pain management advice and intervention is available at all times including escalation plans Verbal confirmation should be given of arrangements for specialist pain management to be provided, including out of hours. Adult and paediatric guidelines should be available, such as those for multi-modal analoguia, and include use of age-appropriate pain tools. This should include functional pain scoring. Records should show regular pain scores being taken and audits of pain management should be provided these, and collecting audit data. The audits may or may not have already been completed by the pain nurses, or within the pain team. 1.7.2.5 Any elective caesarean section lists should have dedicated obstetric, anaesthesia, theatre and midwifery staff. A copy of rotas and lists showing dedicated theatre lists with a named consultant or autonomously practicing anaesthetist with no other clinical commitment should be provided. An audit demonstrating minimal delays to elective procedures and rapidness of emergencies to support local arrangements. Liaise with staff on delivery suite to provide relevant audit data 2.1.1.1 All anaesthetic equipment is checked before use according to the Association of Anaesthetists published guidelines and the checks are recorded. A copy of documented checks should be provided. 2.1.1.13 Appropriate equipment is available and used for all intra and inter hospital patient transfers. Portable ventilators and monitoring should be seen for adults and children. Transfer audit forms should be demonstrable This audit has not been previously done by a trainee. Worth checking if there is any audit information with the nurses in ICU. 2.2.1.2 Local anaesthetic agents (ampoules and bags) must be stored separately from other drugs and

We had 7 trainees involved...

2 Co-leads (ST6/ST7)

5 AiTs (FY1-ST5)

2 Consultants

1. Education & Teaching

- Simulation teaching
- Weekly teaching
- Tea Trolley sessions
- Wellbeing

2. Resources & Information

- Obstetric information sheets
- Red emergency folders
- ACSA awareness posters/fact sheets

3. Governance & Safety

- SOP reviews
- LA (local anaesthetic) storage checks/updates



Practical examples (what)

1. Tea trolley teaching & ACSA fact sheets

Raised staff awareness prior to visit

Did you know...



The department will be inspected on 19th and 20th March by ACSA. The ACSA review team will be walking around the department and speaking with staff on those days. They want to see that we are all familiar with the latest updates and policies in the department.

We want to show them that we're continuing to provide the same fantastic care that was recognised in our last ACSA inspection.

Take a few minutes to read through the updates below to make sure you're familiar with the key changes. This flyer is part of a series of four that will be circulated weekly.

1. Red Folders - We updated our emergency guidelines

Emergency Folders, containing all emergency guidelines a Handbook, are kept on the resus trolleys in each recover brought into theatre for use during any emergency and return use. Identical red emergency folders are also available in a Cardiology, and Radiology.

2. Frailty Scoring - All patients over 65 should be a

All patients aged 65 and over, or those who are frail, sho frailty scoring tool in 'Forms' during pre-assessment emergency cases). This ensures appropriate care planning a patient outcomes.

3. Interpreting Service - Non-english speaking with an interpreter

For patients who do not understand or speak English fluently used when obtaining informed consent. Family members a upon for this purpose. To access interpreters, including ou the Trust Intranet.

4. Capnography Face Masks - Some patients gro

Our face masks with integrated capnography are designed for such as those with OSA (Obstructive Sleep Apnoea) or r They are not for routine use in recovery but should be used i additional respiratory monitoring is necessary.

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1. Major Haemorrhage - A new two-step activation process

protocol. Step one involves contacting blood bank on ext. 4204 to inform them you wish to activate the protocol and provide patient details. Step two involves contacting the porters' desk on ext. 4258, stating you need a porter urgently at your location.
Please ensure you have familiarised yourself with this new protocol - posters are available

2. NatSSIPs 2 - Updated safety standards for invasive procedures

NatSSIPs 2 was introduced in January 2023, adding three extra steps to the process. The pathway now includes: 1)Consent and procedural verification 2)Team Brief 3)Sign in 4)Time Out 5)Implant Use 6)Reconciliation of Items 7)Sign Out 8)Debrief. Please ensure you are aware of these steps and help promote a team-led approach for

3. Patient Handover - Ensure monitoring before starting

Following arrival in PACU, please ensure all monitoring is in place before beginning your handover. A handover policy outlines the required steps at each stage of the patient's theatre journey. The SBAR approach ensures a thorough and efficient handover

4. Post-Operative Review - Follow-up within 24 hours

The RCoA recommends that certain patient groups be followed up within 24 hours of surgery by a member of the anaesthetic team. This includes patients with an ASA score ≥3, those receiving epidural analgesia, and those discharged from PACU with invasive monitoring. Further details can be found in the app: Navigate to Induction Handbook Perioperative Care Postoperative Care.

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We want to show them that we're continuing to provide the same fantastic care that was Take a few minutes to read through the updates below to make sure you're familiar with the key

changes. This fiver is part of a series of four that will be circulated weekly. 1. Oxygen - Where there is no piped 02, cylinders should be available

O, via cylinders must be available where there is no piped oxygen. Cylinders should be visibly present with paper records of checks and an operational policy for backup

and air cylinders must be stored separately in line with Never intional connection of a patient requiring oxygen to an air

sidelines - Available on the App and intrane

sent on the pre-operative preparation of patients includes guidance Pacemakers and ICOs

 Complementary medicines
 Steroid replacement enticoagulants betes management

 Cardiac risk assessment cy - We have an easily accessible Trust policy

are familiar with the Trust's consent policy, which can be found on the

ok > Perioparative Care > Consent

Handbook - RCoA guidance on managing traumatic

vent, the Catastrophe Handbook offers support and guidance: old and hot debriefs

sistance during difficult times

available in each theatre complex, and an electronic version can be up and the internet: RCoA Catastrophe Handbook 2025.



Fact Sheet 2



2. Clinical teaching and simulation

Aligned directly with ACSA Continuous Professional Development standards

		_			BRI Teaching Programme: 14:00 start time other than IAC days
Date	Day	Time	Session Type	Topic	which vary
25/09/2024	Wednesday	15:30-16:00 ▼	Journal club		•
01/10/2024	Tuesday	14:00-14:45 ▼	General teaching ▼		•
01/10/2024	Tuesday	14:45-15:30 ▼	Interesting cases		·
01/10/2024	Tuesday	15:30-16:00 ▼	Journal club		•
04/10/2024	Friday	12.30-13.30 ▼	Journal club	IAC Teaching	Trainee-led ▼
09/10/2024	Wednesday	09.00-11.00 ▼	IAC Teaching ▼	Pump Training for Novices	•
09/10/2024	Wednesday	12.30-13.30 ▼	IAC Teaching ▼	IAC Teaching: Human Factors	•
09/10/2024	Wednesday	14:00-14:45 🔻	General teaching ▼	Frailty in Anaesthesia	Trainee-led ▼
09/10/2024	Wednesday	14:45-15:30 ▼	General teaching ▼	Psychological Resilience	Trainee-led ▼
09/10/2024	Wednesday	15:30-16:00 ▼	Journal club		•
14/10/2024	Monday	ALL DAY ▼	IAC Teaching ▼	Critical Incident Course	•
15/10/2024	Tuesday	12.30-13.30 ▼	IAC Teaching ▼	IAC Teaching	▼
23/10/2024	Wednesday	14:00-14:45 ▼	General teaching	Hip fracture update + Novice teaching @12.45	•
23/10/2024	Wednesday	14:45-15:30 ▼	Interesting cases	Mercury poisoning	•
23/10/2024	Wednesday	15:30-16:00 ▼	Journal club		▼
29/10/2024	Tuesday	14.00-14.45 ▼	General teaching ▼	CBRN (?Teams)	▼
29/10/2024	Tuesday	14:45-15:30 ▼	General teaching ▼	Ketamine + acute head injury	•
29/10/2024	Tuesday	15.30-16.00 ▼	General teaching ▼	TBC	•
06/11/2024	Wednesday	14:00-14:45 ▼	General teaching ▼	Anaesthetic preassessment	Trainee-led ▼
06/11/2024	Wednesday	14:45-15:30 ▼	Interesting cases	HAPE	•
06/11/2024	Wednesday	15:30-16:00 ▼	Journal club	Journal club Albumin (ALBIOS/SAFE)	Trainee-led ▼

STANDARD 2.5.6.2

"There is regular multidisciplinary team based training for emergency situations."

STANDARD 1.1.1.8

"There are clear escalation processes should emergencies occur simultaneously."

STANDARD 4.3.3.1

"All members of staff should receive adequate time, resources and support for all activities related to appraisal and revalidation, including access to continued professional development."

STANDARD 4.2.2.1

"The department has a managed process of audit and quality improvement which includes regular presentation and information sharing of demonstrated learning and improvement planning."



3. Championing wellbeing

Aligned directly with ACSA culture standards





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Wellbeing Resources

STANDARD 4.1.3.1

09/10/2024 Wednesday

"The department promotes the health and wellbeing of staff members."

STANDARD 4.2.1.4

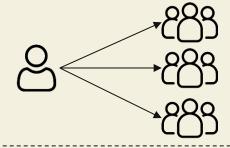
"There is a process in place to ensure a team debriefing takes place after a patient death in the operating theatre suite or significant critical incident and a policy which appropriately addresses the pastoral care of staff members involved."



Benefits (why)

Trainee involvement has benefits for both the department and trainees

Increases efficiency



Fosters trainee-department relationship



Aligns with trainee curriculum



ACSA involvement helps meet multiple curriculum domains

Mapped experience to 2021 RCoA Curriculum Non-Clinical Domains:

Professional Behaviours and Communication

Management and Professional and Regulatory Requirements

Team Working

Safety and Quality Improvement

Safeguarding

Education and Training

Research and Managing Data

Perioperative Medicine and Health Promotion

General Anaesthesia

Regional Anaesthesia

Resuscitation and Transfer

Procedural Sedation

Pain

Intensive Care



ACSA involvement helps meet multiple curriculum domains

Mapped experience to 2021 RCoA Curriculum Non-Clinical Domains:

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Safeguarding

Education and Training

Research and Managing Data

Perioperative Medicine and Health Promotion

General Anaesthesia

Regional Anaesthesia

Resuscitation and Transfer

Procedural Sedation

Pain

Intensive Care



It provided real-world experience for consultant life

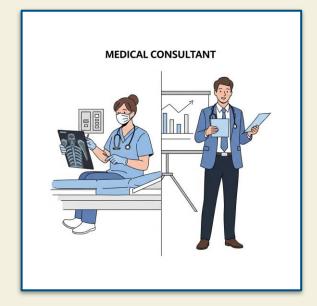
ACSA involvement was an excellent trial run for future consultant

responsibilities

Exposure to non-clinical responsibilities

Communication across the MDT

Leadership and management skills



A formal ACSA role would help facilitate trainee involvement..

- **Formalises** the process of trainee recruitment
- Gives trainees autonomy and buy-in
- Acknowledges time commitment and effort



Thank you



Lunch Break

We will return at 13:45pm

Tricky Standards Workshop

For each scenario, think about these questions:

- Is the evidence sufficient? Is there anything else you'd like to see?
- Is there anything that stands out for you? (good or bad)
- How does this compare to practice at your hospital?
- How would you rate this standard?
 - (Met / Met with recommendations / Not met)





Scenario 1: How would you rate this standard?





Scenario 2: How would you rate this standard?





Scenario 3: How would you rate this standard?







Scenario 4: How would you rate this standard?







Scenario 5: How would you rate this standard?





ACSA Panel Discussion and Open Forum



Audience Q&A



Closing Comments

Feedback survey to be sent via email

 CPD certificate and links to recordings to follow within the next 10 working days

Please drop badge passes & lanyards off at reception





Audience Q&A





Audience Q&A

