





Common events and risks

for children and young people having a general anaesthetic

This summary card shows some of the common events and risks that healthy children and young people of normal weight face when having a general anaesthetic (GA) for routine surgery (specialist operations may carry different risks).

Modern anaesthetics are very safe. There are some common side effects which are usually not serious or long lasting. Risk will vary between individuals, and will depend on the procedure and the anaesthetic technique used. Your anaesthetist will discuss with you the risks they believe to be most significant. You should also discuss with them anything you feel is important to you.

Very common

More than 1 in 10 Equivalent to one person in your family







Agitation on waking from GA

Mainly ages 1-6 years



Temporary changes in behaviour

eg, anxiety, sleep problems, bedwetting

Common

Between 1 in 10 and 1 in **100**





Minor lip or tongue injury



Discomfort at injection site



More information

Our website has more on these risks as well as short videos to help children prepare for surgery.



Uncommon

Between 1 in 100 and 1 in **1,000** Equivalent to one person in a village





Breathing problems Needing treatment



Skin damage Mainly longer procedures



Scan to find out more:



rcoa.ac.uk/ childrensinfo

Rare

Between 1 in **1,000** and 1 in **10,000** Equivalent to one person in a small town





Care (unplanned) 1 in 2,400 Risk is higher for

children under 1 year



Injury to eye eg, scratch on eye



Damage to teeth

Very Rare 1 in **10,000** to 1 in 100,000 or more Equivalent to one person in a large town





Anaphylaxis 1 in **40,000** Severe allergic reaction to a drug



Awareness during an anaesthetic 1 in **60,000**



Death as a direct result of anaesthesia 1 in **100,000** to 1 in a **million**



Long-term disability Less than 1 in **100,000**

Things we all do in normal life, such as road travel, involve higher risks than the **Very Rare** risks above.





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