

## Premedication

Note: This forms part of the comprehensive pre-assessment of patients. It should be assessed as part of the overall pre-assessment process.

### Learning outcome:

- To prescribe premedication when indicated, especially for the high risk population

Knowledge			
Competence	Description	Assessment Methods	GMP
PD_BK_01	Summarises the value of appropriate explanations and reassurance in alleviating the patient's anxiety	A,C,E	1,3
PD_BK_02	Lists basic indications for prescription of pre-medication	A,C,E	1
PD_BK_03	Describes the rationale for the use of different anxiolytic and sedative drugs	A,C,E	1
PD_BK_04	Discusses the applied pharmacology of sedative and anxiolytic drugs	A,C,E	1
PD_BK_05	Recalls the factors that influence the risk of gastric reflux/aspiration and lists strategies to reduce it	A,C,D,E	1,2
PD_BK_06	Explains the applied pharmacology of pro-kinetic and antacids including simple alkalis, H <sub>2</sub> receptor antagonists and proton pump inhibitors	A,C,E	2
PD_BK_07	Describes the application of local/national guidelines on management of thrombo-embolic risk	A,C,E	1,2
Skills			
Competence	Description	Assessment Method	GMP
PD_BS_01	Prescribes appropriate agents to reduce the risk of regurgitation and aspiration	A,C,D,E	1,2
PD_BS_02	Explains, in a way the patient understands, the benefits and possible risks of sedative premedication	A,E,M	3,4
PD_BS_03	Prescribes appropriate anxiolytic/sedative premedication when indicated	A,C,E	1