

Winter Symposium 2019

Patient Safety, Health and Wellbeing



Date: Tuesday 10 – Wednesday 11 December 2019

Venue: Royal College of Anaesthetists, London

Clinical Content Lead: Dr Claire Mallinson, Consultant Anaesthetist, Council Member RCoA

In an increasingly pressurised NHS how can anaesthetists take care of their own health and the safety of their patients? The Symposium will be a lively mixture of updates, debates and panel discussions.

Hot Topics will include the new Junior Doctors Contract.

Experts will bring you up to speed with changes in anaesthetic practice and explore what the next five years will bring.

Enjoy the opportunity to ask questions, actively participate in discussions and network with your peers.

Feedback from the 2018 Winter Symposium

"Fantastic value for money given the quality of the speakers"

"Excellent overview of evolving ideas in many fields of anaesthesia"

"A must for any responsible anaest"

BOOK NOW >

Programme Tuesday 10 December 2019

| | | |
|---|--|---|
| 08:30–09:00 | REGISTRATION AND REFRESHMENTS | |
| 09:00–09:10 | Welcome and Introduction | Dr Claire Mallinson, RCoA Council |
| Patient Safety: Chair: Dr Fiona Donald, RCoA Vice President | | |
| 09:10–09:35 | People, systems and safety | Professor Andrew Smith, Lancaster |
| 09:35–10:00 | Mathematics of Never events and drug error | Dr Jaideep Pandit, Oxford |
| 10:00–10:15 | DISCUSSION/ Q&A SESSION | |
| 10:15–10:35 | REFRESHMENTS | |
| 10:35–11:10 | KEYNOTE: “What support can be given” | Dr Clare Gerada, London |
| Support: Chair: Dr Claire Mallinson, RCoA Council Member | | |
| 11:10–11:35 | Fatigue – Where we are now and what's next? | Dr Emma Plunkett, West Midlands |
| 11:35–12:00 | Burnout is also a patient safety issue | Liz Price, MDDUS Research |
| 12:00–12:25 | Substance Use: Awareness and treatment | Professor Eilish Gilvarry, Northumberland |
| 12:25–12:40 | DISCUSSION/ Q&A SESSION | |
| 12:40–13:10 | Update on Educational Reform | Professor Sheona MacLeod Health Education England (HEE) |
| 13:10–14:10 | LUNCH | |
| Awards: Chair: Sharon Drake, RCoA Interim CE | | |
| 14:10–14:40 | Joseph Clover lecture: Can anaesthetic or analgesic technique during cancer surgery influence recurrence? State-of-art and future direction | Professor Donal Buggy Citation presented by Dr Fiona Donald |
| 14:40–14:50 | DISCUSSION/Q&A SESSION | |
| 14:50–15:20 | Dr Danny Wong – President's Commendation Dr John Carlisle – Dudley Buxton Award Prof Alan Boyd – Dudley Buxton Award | Citations written and presented by Prof Ramani Moonesinghe Citation written and presented by Dr Janice Fazackerley |
| 15:20–15:50 | REFRESHMENTS | |
| Hot topics: Professor Mike Grocott, RCoA Vice Chair | | |
| 15:50–16:20 | Hot Topic – Junior Doctors Contract | Dr Matthew Tuck, Junior Doctors Committee, BMA |
| 16:20–16:35 | DISCUSSION/Q&A SESSION | |
| 16:35–17:00 | Leadership and Management | Dr Yvette Oade, Medical Director, Leeds teaching Hospitals |
| 17:00–17:15 | DISCUSSION/Q&A SESSION | |
| 17:15–17:25 | ROUND UP OF DAY 1 AND CLOSE | |

Programme Wednesday 11 December 2019

| | | |
|--------------------------|--|--|
| 08:30-09.00 | REGISTRATION AND REFRESHMENTS | |
| 09.00-09.05 | Welcome | Dr Claire Mallinson |
| 09.05-09.35 | KEYNOTE Who cares for those that care for the nation? | Professor Simon Gregory, HEE |
| 09.35-09.45 | DISCUSSION/ Q&A SESSION | |
| Wellbeing: | Chair: Dr Kirstin May, RCoA Council Member | |
| 09.45-10.10 | Suicide in Anaesthetists | Dr Samantha Shinde Association of Anaesthetists |
| 10.10-10.35 | Introducing the Wellbeing Guardian: Leading a mentally healthy workplace | Dr Kathryn Grayling and Dr Tahreema Matin, HEE |
| 10.35-11.05 | LTFT training: Before healing others, heal yourself | Dr Roopa McCrossan, Newcastle |
| 11.05-11.25 | DISCUSSION/Q&A SESSION | |
| 11.25-11.55 | REFRESHMENTS | |
| Innovation: | Chair: Dr Lucy Williams, RCoA Council Member | |
| 11.55-12.40 | Patient Safety, Device Regulations, Innovation, Alerts and Reporting; what anaesthetists need to know. | Dr Neil McGuire, MHRA |
| 12.40-13.05 | What's new in regional anaesthesia | Professor William Harrop-Griffiths, London |
| 13.05-13.20 | DISCUSSION/ Q&A SESSION | |
| 13.20-14.20 | LUNCH | |
| | Chair: Professor William Harrop-Griffiths, RCoA Council Member | |
| 14.20-14.50 | The Christmas lecture: Chronic Unease and Safety | Professor Rhona Flin, Aberdeen |
| 14.50-15.00 | DISCUSSION/Q&A SESSION | |
| 15.00-15.30 | REFRESHMENTS | |
| Panel discussion: | Chair: Dr Claire Mallinson, RCoA Council Member | |
| 15.30-16.15 | Career Breaks and Return to Work | Dr Ali Hashtroudi, London Dr Jill Horn, Bradford Dr Caroline Kane, Sussex Dr Roopa McCrossan, Newcastle |
| 16.15-16.35 | DISCUSSION/Q&A SESSION | |
| 16.35-16.55 | Chair: Sharon Drake, Interim CE, RCoA | |
| 16.35-16.55 | Council Question Time Ask RCoA Council members anything | Dr Mark Forrest, Prof Judith Hall, Prof William Harrop-Griffiths, Dr Claire Mallinson, Dr Kirstin May, Dr Sarah Muldoon, Dr Felicity Plaat, Dr Lucy Williams |
| 16.55-17.00 | CLOSE OF CONFERENCE | |

Wednesday lunchtime meetings 11 December 2019

***SAS Update and networking**
Wednesday 11 December
MR1 Meeting Room (1st Floor)

SAS Update and networking

Dr Kirstin May will host an informal meeting of SAS Doctors to discuss recent updates and provide a networking facility for fellow SAS colleagues. There will also be a short presentation.

Please sign up at the registration desk if you would like to attend

MEDITATION IN THE WORKPLACE
Wednesday 11 December 13.40 – 14.00
Gallery 2 (2nd Floor)



Guided Meditation:

A 20 minute meditation to relax your mind, refresh your focus and recharge your energy.
Tutor: Amisha Bhavsar

This meditation is provided by Innerspace, a meditation and personal development centre in Covent Garden. For more information about Innerspace click [here](#)

Please sign up at the registration desk if you would like to attend