

Introduction to Leadership and Management: The Essentials



Novotel Hotel, Bristol 23-24 September 2019

Clinical Content Leads: Dr Ronan Fenton, Medical Director, Mid Essex Hospital Services NHS Trust Val Glenny, Specialist in organisation, development and behaviour





8 CPD Credits

The RCoA Leadership and Management series covers a spectrum of topics designed specifically for anaesthetists that are senior trainees and consultants.

The workshops are a balance of plenary sessions, group work and exercises with emphasis on real life issues, open discussions, up-to-date information and will provide time for one-to-one discussions.

The Essentials course will help you uncover your behavioural preferences and compare these to others, exploring how it impacts your working relationships. Learn how best to influence the Trust and your team to develop their service.

At the end of the course, you will have:

- learnt about and had the opportunity to discuss NHS policy development and its impact on service delivery
- gained insight into your own and others' behavioural preferences and how this can impact on your working relationship; and different approaches to day-to-day activity
- increased your understanding of how to influence the Trust and others to develop their service
- begun to construct a personal development plan based on the Academy's Medical Leadership Competency Framework.



Royal College of Anaesthetists

Churchill House, 35 Red Lion Square, London WC1R 4SG 020 7092 1673 | events@rcoa.ac.uk | www.rcoa.ac.uk/events



Introduction to Leadership and Management: The Essentials

Monday 23 September 2019

- 12.00–13.00 REGISTRATION AND LUNCH
- 13.00–13.45 Introduction and welcome
- 13.45–15.00 I didn't become a doctor to do this!

You will work with a number of scenarios which will be designed to highlight nonclinical issues that can affect the delivery of patient care. For example team work, communication, trust policies and commissioning decisions.

The aim of this session is to highlight the importance of having some understanding of the non-clinical aspects of your work to function effectively.

15.00–15.15 REFRESHMENTS

15.15–17.00 How the NHS works: The story so far

The aim of this session is to ensure that you have a reasonable grasp of the NHS as an organisation, how it has evolved and the importance of policy changes on the way in which services are both commissioned and provided.

17.00–18.30 What you bring to the party: The Myers-Briggs Type Indicator (MBTI)

This session will use this well known psychological instrument as a catalyst for exploring personal preferences, its impact on working style and how you might manage relationship

18.30 CLOSE OF DAY 1

18.30-1900 Speaker and Informal Drinks Reception

Dr Fiona Donald, Vice President Elect, RCoA will talk about her experiences of Leadership and Management. The talk will be followed by a group discussion.



Introduction to Leadership and Management: The Essentials

Tuesday 24 September 2019

| 08.30-09.00 | REGISTRATION AND REFRESHMENTS |
|-------------|---|
| 09.00–09.30 | Reflection on previous day |
| 09.30-10.45 | Building a case for service development |
| | A chance to explore and discuss the elements necessary to effect change |
| 10.45-11.00 | REFRESHMENTS |
| | |
| 11.00-12.00 | The principles of negotiation and their application |
| 11.00–12.00 | The principles of negotiation and their application Resolving differences to create productive relationships at work |
| 11.00–12.00 | |

Please note that the programme and timings are subject to change