

Development and Evaluation of a Perioperative Medicine Regional Training Day for the Enhance Enable programme in the East of England

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Introduction

The Enhance Enable programme is a national initiative to improve generalist skills amongst the multiprofessional workforce in the NHS.¹ It facilitates development of generalist understanding through e-learning, regional training days, workplace activity and quality improvement. Aligned with the Foundation Programme curriculum, it also provides opportunities to develop skills and experience relevant for speciality recruitment interviews.

Perioperative medicine (POM) is a key multi-disciplinary and generalist area of clinical care, encompassing medicine, surgery, anaesthesia, critical care, primary and community care, nursing, and allied health professions. Many doctors will be involved in perioperative care, from optimisation and assessment, surgery, or postoperative care and management of complications. Outside of anaesthetic and surgical training programmes, however, there is little specific focus on perioperative care.

Methods

As part of the Enhance Enable programme, the Health Education East of England multi-professional school developed a perioperative medicine regional training day to increase knowledge and skills of pre-operative assessment and perioperative management of surgical patients for doctors across the region. Mainly aimed at doctors in training, it was also open to locally employed doctors and speciality doctors.

Table 1: Comparison of programmes for 2024 and 2025 training days

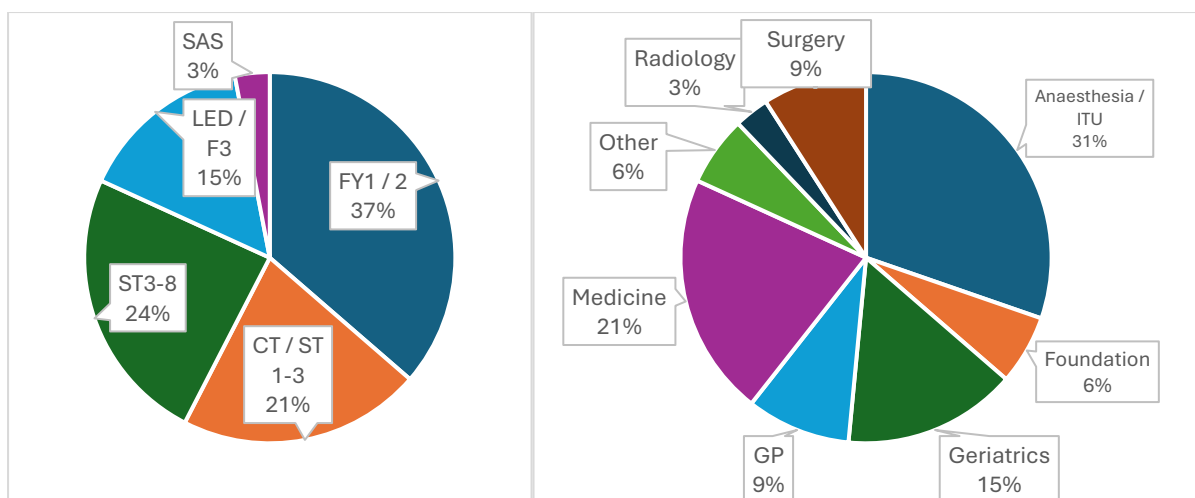
2024 programme	2025 programme
1. What is Enhance?	1. What is Enhance?
2. What is perioperative medicine?	2. What is POM / CPOC?
3. CPOC guidelines	3. MDT assessment practical guide
4. Shared decision making	4. NHS networks
5. Risk scoring and post-op care	5. Risk scoring and postop care
6. Workshops	6. The MDT in prep for surgery
7. The MDT in prep for surgery	7. Workshops / case studies
8. NHS networks	8. CPET
9. CPET	

The structure of the training day was a hybrid lecture – workshop model, with talks from anaesthetists, pre-assessment nurses, physicians and NHS managers, as well as small group interactive case-based discussions. There have been two iterations of the training day to date in 2024 and 2025. Feedback from the 2024 day was used to refine and develop the programme for 2025 (Table 1).

Results

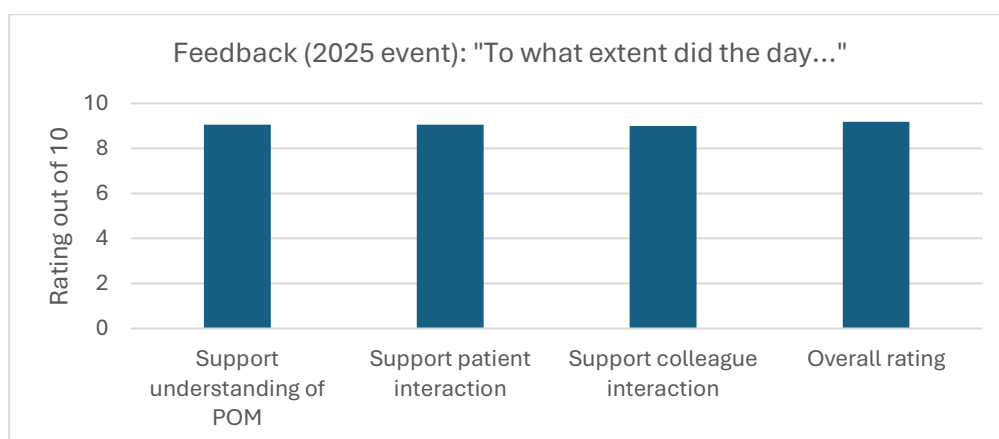
Attendees at the 2025 training day came from a range of backgrounds and stages of training (Figure 1; no data for 2024).

Figure 1: 2025 Attendees by Grade and Speciality



Feedback was collected using an online survey platform after each of the days and was largely positive.

Figure 2: Summary of Feedback From 2025 Event.



The 2025 day was rated overall as 9.2 out of 10 on average, with the majority of respondents stating that the new knowledge and skills learned from the day would improve their future practice (Figure 2). All respondents answered

