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**Contraceptive advice for patients who have received sugammadex**

**Department of Anaesthesia and Perioperative Medicine**

If you need a large print, audio, braille, easy read, age-friendly or translated copy of this document, please email [Insert EMAIL ADDRESS of PATIENT INFORMATION DEPARTMENT] We will try our best to meet your needs.

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**1.Introduction**

As part of a general anaesthetic, we commonly administer drugs to relax your muscles. Then, before you wake up, we administer drugs to reverse this effect.

You have been given a ‘reversal drug’ today called Sugammadex. Another name for this drug is Bridion. This drug has a unique interaction with the hormone progesterone. This is why you have been provided with this information leaflet.

**Sugammadex temporarily increases your likelihood of becoming pregnant after unprotected sexual intercourse in certain situations!**

**2. What should you do if you are using an ORAL hormonal contraceptive tablet/ pill?**

**Types of oral hormonal contraceptive you may be using:**

* Progesterone only contraceptive ‘Mini Pill’
* Combined oral contraceptive ‘Pill’

The effect of Sugammadex means that even if you took your pill this morning, it is the equivalent to **one missed pill**.

***Advice:***

**You must follow the missed pill advice in the package leaflet of the oral contraceptive**

**3. What should you do if you are using any OTHER type of hormonal contraceptive?**

**Types of other hormonal contraceptive you may be using:**

* Contraceptive implant
* Hormonal Intra-Uterine System (IUS) (Mirena coil)
* Depo-provera (injection)
* Vaginal ring
* Skin patch

***Advice:***

**You must use a barrier method of contraceptive e.g., condoms for the next seven days**

**4. What should you do if you are using any NON-HORMONAL contraceptive?**

**Types of non-hormonal contraceptive you may be using:**

* Condoms
* Cervical caps
* Diaphragm
* Contraceptive sponge
* Copper IUD
* Spermicide

***Advice:***

**No further action is required. Sugammadex only reduces the effectiveness of hormone-based contraceptives.**

**5. Frequently asked questions**

**Will other drugs given to me as part of the anaesthetic affect my hormonal contraceptive?**

No, this interaction is not known to occur with other anaesthetic-related drugs.

**6. Where can I get more information?**

For further contraceptive advice please contact your GP or local sexual health and contraceptive services.

[Insert Hospital Name] cannot accept responsibility for information provided by other organisations.

**7. Contact details**

Duty Anaesthetist: [Insert TELEPHONE NUMBER]

Hospital Switchboard: [Insert TELEPHONE NUMBER]

Website: [Insert HOSPITAL WEBSITE ADDRESS]

Author: This leaflet was designed by Dr Neha N Passi.