

# Stage 1 HALO sign-off recipe

Key Capabilities that the RCoA want:	Suggested evidence from the RCoA:	Learning opportunities at RFH:	Evidence we'd like to see to be happy to sign off the Capability:
<b>A</b> - Can recognise, examine, assess and manage acute pain in the surgical and non-surgical patient	<ul style="list-style-type: none"><li>• SLEs throughout stage of training across range of surgical specialties including acute pain rounds</li><li>• Safe and appropriate prescribing of medication for pain management in the perioperative period</li></ul>	<ul style="list-style-type: none"><li>• Inpatient WR</li><li>• Post-Op Pain Reviews</li><li>• Discharge Planning</li><li>• Recovery</li><li>• Post-Op Reviews</li></ul>	<ul style="list-style-type: none"><li>• CEX/CBD/ALMAT - Level 2b</li><li>• Covering pain history and examination</li><li>• Covering management plan</li><li>• Logbook</li></ul>
<b>B</b> – Is able to safely and appropriately prescribe medication for pain management		<ul style="list-style-type: none"><li>• Inpatient WR</li><li>• Recovery</li><li>• Theatres</li><li>• Prescribing analgesia</li></ul>	<ul style="list-style-type: none"><li>• CEX/CBD/ALMAT - Level 2b</li><li>• Cover pharmacology of different agents</li><li>• Cover multimodal analgesia</li></ul>
<b>C</b> – Demonstrate effective communication skills regarding pain management with patients, relatives and carers		<ul style="list-style-type: none"><li>• Inpatient WR</li><li>• Recovery</li><li>• POA</li></ul>	<ul style="list-style-type: none"><li>• CEX/CBD/ALMAT - Level 2b</li><li>• Supervised conversation</li><li>• Initially post confirmation with consultant</li></ul>
<b>D</b> – Demonstrates the basic assessment and management of acute on chronic and chronic pain in adults	<ul style="list-style-type: none"><li>• SLEs throughout stage of training across range of surgical specialties including acute pain rounds</li><li>• Personal activities such as teaching sessions, e-learning, attending pain clinic</li></ul>	<ul style="list-style-type: none"><li>• Inpatient WR</li><li>• Appropriate patients identified</li><li>• Reviewed on Round</li></ul>	<ul style="list-style-type: none"><li>• CEX/CBD/ALMAT - Level 2b</li><li>• Evidence of attendance or delivery of teaching</li></ul>
<b>E</b> – Describes the concept of biopsychosocial multidisciplinary pain management		<ul style="list-style-type: none"><li>• Inpatient WR</li><li>• Pain teaching sessions</li></ul>	<ul style="list-style-type: none"><li>• ALMAT/CEX/CBD - Level 2a</li><li>• Evidence of attendance or delivery of teaching</li></ul>
<b>F</b> – Describes the special circumstances in assessing preoperative pain in specific groups including children, pregnancy and breast feeding, the elderly and frail, those with learning and communication difficulties, autism, dementia, renal and hepatic impairment, substance abuse	<ul style="list-style-type: none"><li>• SLEs throughout stage of training across range of surgical specialties including those from obstetrics and paediatrics</li><li>• EPA 3 and 4</li></ul>	<ul style="list-style-type: none"><li>• Pain teaching sessions</li><li>• Opportunity to attend or teach</li><li>• Guest speakers from obstetric and paediatric anaesthetists</li></ul>	<ul style="list-style-type: none"><li>• Evidence of attendance or delivery of teaching</li><li>• Level 2b</li></ul>
<b>G</b> – Demonstrates the safe use of equipment used in pain management	<ul style="list-style-type: none"><li>• SLE's throughout stage of training across range of surgical specialties eg setting up PCA pump</li><li>• EPA3</li></ul>	<ul style="list-style-type: none"><li>• Inpatient WR</li><li>• PCA pumps</li><li>• Regional delivery devices</li><li>• Electronic/Elastomeric</li></ul>	<ul style="list-style-type: none"><li>• ACEX or CBD or DOPS</li><li>• Level 2b</li></ul>

Assessments from other placements within Stage 1 are welcome and cross-linking assessments between capabilities – and other HALOs – is encouraged! It is quite possible 3 SLEs, attendance at teaching and an appropriate logbook could cover HALO.