

## After the Final FRCA: Making the most of ST5-ST7

Wednesday 13 September 2023 | Online

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- **Clinical Content Lead:** Dr Peeyush Kumar
- Hear from recently appointed consultants on how to build your career in anaesthesia. You will gain valuable insight into various clinical sub-specialties such as obstetrics, paediatrics, neuroanaesthesia, cardiothoracic anaesthesia, intensive care medicine and pain medicine, enabling you to **make a more informed career decision**. In addition, the importance of your own **wellbeing** and getting the **work/life balance** right will be discussed along with ways in which to **build your portfolio and CV**.



Royal College of Anaesthetists

## Programme

09.00-09.30	Registration and connection checks	
09.30-09.35	<b>Introduction and welcome</b>	Dr Peeyush Kumar
09.35-09.45	<b>Address by RCoA President</b>	Dr Fiona Donald
09.45-10.05	<b>Leadership opportunities for trainees</b>	
10.05-10.10	Q&A	
10.10-10.30	<b>How I became a specialist</b> Neuroanaesthesia	Dr Ilyas Qazi
10.30-10.50	Perioperative medicine	Dr Sam Bampoe
10.50-11.10	ICM (Each session will include a 5-minute Q&A)	Dr Catriona Felderhof
11.10-11.30	Break	
11.30-11.50	<b>How I became a specialist</b> Regional anaesthesia	Dr Boyne Bellow
11.50-12.10	Pain medicine	Dr Adam Samways
12.10-12.30	Cardiothoracic anaesthesia	Dr Emily Buckwell
12.30-12.50	Paediatric anaesthesia	
12.50-13.10	Obstetric anaesthesia (Each session will include a 5-minute Q&A)	Dr Abigail Richardson
13.10-13.55	Lunch	
13.55-14.30	<b>Work-life integration</b>	Dr Gordon French
14.30-14.35	Q&A	
14.35-15.00	<b>Less than full time (LTFT)</b>	Dr Emma Plunkett
15.00-15.05	Q&A	
15.05-15.25	<b>Wellbeing</b>	Dr Roopa McCrossan
15.25-15.30	Q&A	
15.30-15.45	Break	
15.45-16.30	<b>CV building</b>	Dr Alex Goodwin
16.30-16.35	Q&A	
16.35-16.40	<b>CLOSE OF CONFERENCE</b>	