

Pain management for day case surgery

CBD

Created: 8th February 2023

Title

Pain management for day case surgery

Approved by Assessor

Name	Position	GMC No.
Joseph Samuel Lipton	Consultant	7014377

Created by Learner

Name	Stage	GMC	CRN
South London 2021 Trainee		0000000	

Key Capabilities

EPA 2: Provide general anaesthesia for an ASA I/II patient having uncomplicated surgery

Key Capabilities

EP_02_03

Post-operative Care

Gives a clear patient handover to recovery team

Manages issues arising in recovery including acute postoperative pain, and the use of rescue opiates in recovery

Show details

IAC/IAOC Code

Code	Description
No code have been chosen	

Date

12 August 2021

Description of Activity

- Day case general surgical patient having elective hernia repairs
- Past history of chronic lower back pain taking tramadol and naproxen
- Discussion around pain management strategies

Summary of reflective discussion between anaesthetist in training and trainer

- Understanding the patient and surgical factors that influence severity of post operative pain
- Concept of 'multi-modal analgesia' and the mechanism of action of commonly used agents
- Role of local and or regional anaesthesia in reducing opiate requirements and improving recovery
- Titration to response and understanding the onset and duration of commonly used agents including opiates

Supervision level

Supervision level not applicable for this SLE

Suggestions for future development

- Consider patients at particular risk of increased post operative pain and choose appropriate drugs and doses accordingly

Supporting Documents

No supporting documents have been added.

Approval

This entry was approved on 8 February 2023 by **Joseph Samuel Lipton**

Personal reflections

No reflections have been recorded for this form.

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