

Anaesthesia for knee arthroscopy

CBD

Created: 8th February 2023

Title

Anaesthesia for knee arthroscopy

Approved by Assessor

Name	Position	GMC No.
Joseph Samuel Lipton	Consultant	7014377

Created by Learner

Name	Stage	GMC	CRN
South London 2021 Trainee		0000000	

Key Capabilities

EPA 2: Provide general anaesthesia for an ASA I/II patient having uncomplicated surgery

Key Capabilities

EP_02_01

Pre-operative preparation

Relates knowledge underpinning EPA 1 (Anaesthetic Pre-operative Assessment) to safe perioperative care planning

Understands the scope of practice as an inexperienced practitioner and seeks help appropriately

Recalls starvation policies for administration of general anaesthesia

Demonstrates working knowledge of commonly used anaesthetic equipment, including the anaesthetic machine, standard monitoring and airway equipment

Demonstrates working knowledge of the commonly used anaesthetic drugs (preparation / dose / effects / side-effects / cautions):

Induction agents

Antiemetics

Muscle relaxants/reversal agents

Sympathomimetics/anticholinergics

Volatile anaesthetic agents

Analgesics

Show details

EP_02_02

Intra-operative Care

Performs airway management including the following techniques:

- Mask ventilation
- Supraglottic airway insertion
- Endotracheal intubation using direct and video laryngoscopy

Performs a Rapid Sequence Induction

Conducts anaesthesia with controlled and spontaneous ventilation

Understands the physiological effects of general anaesthesia

Manages the risks posed to patients when positioning them for surgery, in particular related to pressure areas, peripheral nerves and other delicate structures

Follows infection prevention and control procedures in the operating theatre

Manages tracheal extubation, including common complications occurring during emergence from anaesthesia; eg, laryngeal spasm

Show details

EP_02_03

Post-operative Care

Gives a clear patient handover to recovery team

Manages issues arising in recovery including acute postoperative pain, and the use of rescue opiates in recovery

Show details

IAC/IAOC Code

Code	Description
No code have been chosen	

Date

6 September 2021

Description of Activity

- Managing the whole case with consultant present
- ASA I, 24 year old male

Summary of reflective discussion between anaesthetist in training and trainer

- Felt a bit overwhelmed at times during particularly after transferring into theatre and everyone started doing things, moving the patient, WHO time out etc
- Importance of sticking to a routine when transferring into theatre and getting that to be automatic so that I'm not put off by other things
- Managed the case well after that and didn't need any consultant input

Supervision level

2a - Supervisor in theatre suite, available to guide aspects of activity through monitoring at regular intervals

Suggestions for future development

- This was an excellent case demonstrating real progress towards managing straightforward cases with indirect supervision

- It's ok to ask people to stop what they are doing while you're settling the patient
 - graded assertiveness techniques when you are concerned about patient safety
- You should continue to take every opportunity to do these cases on your own - work towards having the consultant in the coffee room when you feel confident enough

Supporting Documents

No supporting documents have been added.

Approval

This entry was approved on 8 February 2023 by **Joseph Samuel Lipton**

Personal reflections

No reflections have been recorded for this form.

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