







# Pre-assessment of a patient with diabetes

## **A-CEX**

Created: 8th February 2023

IAC/IAOC Code

Code Description

No code have been chosen

#### Title

Pre-assessment of a patient with diabetes

## **Approved by Assessor**

Name	Position	GMC No.
Joseph Samuel Lipton	Consultant	7014377

## **Created by Learner**

Name	Stage	GMC	CRN
South London 2021 Trainee	0000000		

### **Key Capabilities**

EPA 1: Perform an anaesthetic pre-operative assessment

## **Key Capabilities**

EP\_01\_01

Takes a focused history, performs appropriate physical examinations and interprets relevant investigations

Describes the features of the history and examination which confer increased anaesthetic risk and communicates these to senior colleagues, including:

- Severe comorbidity (ASA ? III)
- Previous anaesthetic complications
- Anticipated or known difficult airway

Explains how a patient's past medical, surgical and anaesthetic history influences the safe conduct of anaesthesia

Communicates the anaesthetic plan to patients in an understandable way, including counselling on commonly occurring risks and addressing patient concerns

Demonstrates understanding of the limitations and scope of practice of a novice anaesthetist

#### **Date**

1 September 2021

## **Description of Activity**

Pre-op assessment of a patient with type I diabetes

## Summary of reflective discussion between anaesthetist in training and trainer

- Multi-system features of DM and their relevance to anaesthetists
  - cardiovascular risk
  - Renal risk
  - Autonomic dysfunction
- Managment of glycaemic control during the perioperative period

## Supervision level

2b - Supervisor within hospital for queries, able to provide prompt direction/assistance

## Suggestions for future development

- Review the common oral hypoglycaemics and insulin preparations
- review trust guideline on the management of diabetic patients presenting for surgery

Supporting Documents

No supporting documents have been added.

## **Approval**

This entry was approved on 8 February 2023 by Joseph Samuel Lipton

#### Personal reflections

No reflections have been recorded for this form.

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