

Pre-assessment of a patient with cardiac disease

A-CEX

Created: 8th February 2023

IAC/IAOC Code

Code	Description
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No code have been chosen

Title

Pre-assessment of a patient with cardiac disease

Approved by Assessor

Name	Position	GMC No.
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Joseph Samuel Lipton	Consultant	7014377
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Created by Learner

Name	Stage	GMC	CRN
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South London 2021 Trainee		0000000	
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Key Capabilities

EPA 1: Perform an anaesthetic pre-operative assessment

Key Capabilities

EP_01_01

Takes a focused history, performs appropriate physical examinations and interprets relevant investigations

Describes the features of the history and examination which confer increased anaesthetic risk and communicates these to senior colleagues, including:

- Severe comorbidity (ASA ? III)
- Previous anaesthetic complications
- Anticipated or known difficult airway

Explains how a patient's past medical, surgical and anaesthetic history influences the safe conduct of anaesthesia

Communicates the anaesthetic plan to patients in an understandable way, including

counselling on commonly occurring risks and addressing patient concerns
Demonstrates understanding of the limitations and scope of practice of a novice anaesthetist
[Show details](#)

Date

19 August 2021

Description of Activity

- Pre-operative assessment of a 63 year old male with ischaemic heart disease
- History of NSTEMI 3 years ago treated with PCI to right coronary artery
- Currently optimised with no symptoms and a good exercise tolerance

Summary of reflective discussion between anaesthetist in training and trainer

- How to risk assess patients with IHD
- Features of the history that are concerning
 - Angina
 - Poor exercise tolerance
 - Heart failure
 - Arrhythmia
- Took a thorough and detailed history, picking up all important features and appreciated their significance.

Supervision level

2b - Supervisor within hospital for queries, able to provide prompt direction/assistance

Suggestions for future development

- Recognising patients with ischaemic heart disease as potentially high risk
- Ensuring appropriate supervision and support when looking after these sorts of patients on call

Supporting Documents

No supporting documents have been added.

Approval

This entry was approved on 8 February 2023 by **Joseph Samuel Lipton**

Personal reflections

No reflections have been recorded for this form.

version v1 - 21 June 2021