

# Anaesthetic Updates

Wednesday 8 – Friday 10 February 2023



**Venue:** RCoA, London

**Clinical Content Leads:** Prof Pierre Foex and Dr Vassilis Athanassoglou

Stay ahead of the curve on new ideas in anaesthesia, critical care and pain management. Discover new developments on the horizon from today's expert specialists and learn how to best combat the central issues you will face in your anaesthetic practice.

**Topics will include:**

- Safe use of postoperative opioids
- Point of care ultrasound
- Undiagnosed sleep apnoea
- How to prepare a patient with COPD
- Controversies in obstetrics
- Diabetic patients presenting for surgery
- Early preoperative screening
- Drug dosing in morbid obesity
- Preventing renal failure
- Emergency abdominal aortic aneurysm

## Day 1: Wednesday 8 February

09:00–09:50	Registration	
09:50–10:00	<b>Welcome and introduction</b>	Professor Pierre Foex, Oxford
<b>Session 1: Ventilation: the essentials, and training (Chair: Professor Pierre Foex)</b>		
10:00–10:25	<b>Oxygen: Friend or foe?</b>	Dr Andy Lumb, Leeds
10:25–10:50	<b>Prevention of lung complications</b>	Dr Andy Lumb, Leeds
10:50–11:15	<b>Simulation-based education and human factors for training recovery in anaesthetics</b>	Professor Helen Higham, Oxford
11:15–11:35	<b>Discussion and Q&amp;A</b>	
11:35–12:00	Break	
<b>Session 2: Pain relief for 2023 (Chair Professor Pierre Foex)</b>		
12:00–12:25	<b>Safe use of postoperative opioids</b>	Dr Jane Quinlan, Oxford
12:25–12:50	<b>Pain management</b>	Dr Alan Fayaz, London
12:50–13:05	<b>Discussion and Q&amp;A</b>	
13:05–14:00	Lunch	
<b>Session 3: Regional Anaesthesia (Chair: Dr Jane Quinlan)</b>		
14:00–14:25	<b>Regional anaesthesia for trauma</b>	Dr Vassilis Athanassoglou, Oxford
14:25–14:50	<b>Complexity in anaesthesia</b>	Dr Ahmed Elrefaey, Oxford
14:50–15:15	<b>Fractured of neck of femur: Outcomes</b>	Dr Amy Mayor, Huddersfield
15:15–15:35	<b>Discussion and Q&amp;A</b>	
15:35–16:00	Break	
<b>Session 4: Preoperative practice (Chair: Dr Vassilis Athanassoglou)</b>		
16:00–16:25	<b>CPET made easy</b>	Dr John Carlisle, Torbay
16:25–16:50	<b>The 2022 guidelines on assessment of patients with cardiovascular disease</b>	Professor Pierre Foex, Oxford
16:50–17:05	<b>Discussion and Q&amp;A</b>	
17:05	Close <i>[drinks reception]</i>	

## Day 2: Thursday 9 February

08:00–08:55	Registration	
08:55–09:00	<b>Introduction</b>	Dr Vassilis Athanassoglou, Oxford
<b>Session 1: Brain and lung (Chair: Dr Vassilis Athanassoglou)</b>		
09:00–09:25	<b>Sleep apnoea: What if undiagnosed?</b>	Dr Sara McDouall, Reading
09:25–09:50	<b>How to prepare a patient with COPD</b>	Professor Mona Bafadhel, London
09:50–10:15	<b>The patient with pulmonary hypertension on your list</b>	Dr Ruth Newton, Sheffield
10:15–10:35	<b>Discussion and Q&amp;A</b>	
10:35–11:00	Refreshments	
<b>Session 2: The cardiac patient (Chair: Dr Vassilis Athanassoglou)</b>		
11:00–11:25	<b>Gas induction in the adult</b>	Professor Anil Patel, London
11:25–11:50	<b>Elective surgery: when to anaesthetise after a major cardiac event?</b>	Professor Pierre Foex, Oxford
11:50–12:15	<b>Concerns about arrhythmias</b>	Dr Matthew Ginks, Oxford
12:15–12:35	<b>Discussion and Q&amp;A</b>	
12:35–13:30	Lunch	
<b>Session 3: Pregnancy and other challenges (Chair: Dr Ruth Newton)</b>		
13:30–13:55	<b>Controversies in obstetrics</b>	Dr Mary Mushambi, Leicester
13:55–14:20	<b>Lessons of the confidential enquiry</b>	Dr Seema Quasim, Coventry
14:20–14:45	<b>DOAC and the risk of perioperative bleeding</b>	Dr Lara Roberts, London
14:45–15:05	<b>Discussion and Q&amp;A</b>	
15:05–15:30	Refreshments	
<b>Session 4: Medical conditions: how to optimise the patient (Chair: Professor Pierre Foex)</b>		
15:30–15:55	<b>Prehabilitation</b>	Dr Helen Anderson, Plymouth
15:55–16:20	<b>The diabetic patient presenting for surgery</b>	Dr Simon Howell, Leeds
16:20–16:35	<b>Discussion and Q&amp;A</b>	
16:35	Close	

## Day 3: Friday 10 February

08:00–08:55	Registration	
08:55–09:00	<b>Introduction</b>	Dr Pierre Foex, Oxford
<b>Session 1: Safety of practice (Chair: Dr Claire Nightingale)</b>		
09:00–09:25	<b>TIVA: Safe practice</b>	Professor Anthony Absalom, Groningen, Netherlands
09:25–09:50	<b>Implementation of early preoperative screening and optimisation</b>	Prof Ramani Moonesinghe, London
09:50–10:15	<b>Paediatric anaesthesia for non-specialists</b>	Dr Tim Wittington, Oxford
10:15–10:35	<b>Discussion and Q&amp;A</b>	
10:35–11:00	Refreshments	
<b>Session 2: The extremes and their difficulties (Chair: Dr Nicoletta Fossati)</b>		
11:00–11:25	<b>The patient with obesity</b>	Dr Claire Nightingale, Amersham
11:25–11:50	<b>Drug dosing in morbid obesity</b>	Dr Mike Margaron, Chichester
11:50–12:15	<b>The difficult back</b>	Dr David Pappin, Torbay
12:15–12:35	<b>Discussion and Q&amp;A</b>	
12:35–13:30	Lunch	
<b>Session 3: Operative and perioperative medicine (Chair: Professor Pierre Foex)</b>		
13:30–13:55	<b>What can we expect from NAP7</b>	Dr Emira Kursumovic, Bath
13:55–14:20	<b>Preventing renal failure: Can we protect the kidneys?</b>	Dr Nicoletta Fossati, London
14:20–14:45	<b>Emergency abdominal aortic aneurysm</b>	Dr Nicolas Wisely, Manchester
14:45–15:05	<b>Discussion and Q&amp;A</b>	
15:05	Close	