

Anaesthetic Updates

Wednesday 8 – Friday 10 February 2023



Venue: RCoA, London

Clinical Content Leads: Prof Pierre Foex and Dr Vassilis Athanassoglou

Stay ahead of the curve on new ideas in anaesthesia, critical care and pain management. Discover new developments on the horizon from today's expert specialists and learn how to best combat the central issues you will face in your anaesthetic practice.

Topics will include:

- Safe use of postoperative opioids
- Point of care ultrasound
- Undiagnosed sleep apnoea
- How to prepare a patient with COPD
- Controversies in obstetrics
- Diabetic patients presenting for surgery
- Early preoperative screening
- Drug dosing in morbid obesity
- Preventing renal failure
- Emergency abdominal aortic aneurysm

Day 1: Wednesday 8 February

09:00–09:50	Registration	
09:50–10:00	Welcome and introduction	Professor Pierre Foex, Oxford
Session 1: Ventilation: the essentials, and training (Chair: Prof Pierre Foex)		
10:00–10:25	Oxygen friend or foe?	Dr Andy Lumb, Leeds
10:25–10:50	Prevention of lung complications	Dr Andy Lumb, Leeds
10:50–11:15	Simulation-based education and human factors for training recovery in anaesthetics	Professor Helen Higham, Oxford
11:15–11:35	Discussion and Q&A	
11:35–12:00	Break	
Session 2: Pain relief for 2023 (Chair Prof Pierre Foex)		
12:00–12:25	Safe use of postoperative opioids	Dr Jane Quinlan, Oxford
12:25–12:50	Pain management	Dr Alan Fayaz, London
12:50–13:05	Discussion and Q&A	
13:05–14:00	Lunch	
Session 3: Regional Anaesthesia (Chair: Dr Vassilis Athanassoglou)		
14:00–14:25	Regional anaesthesia for trauma	Dr Vassilis Athanassoglou, Oxford
14:25–14:50	Complexity in anaesthesia	Dr Ahmed Elrefaey, Oxford
14:50–15:15	Fractures of neck of femur: outcomes	Dr Amy Mayor, Huddersfield
15:15–15:35	Discussion and Q&A	
15:35–16:00	Break	
Session 4: Preoperative practice (Chair: Dr Vassilis Athanassoglou)		
16:00–16:25	CPET made easy	Dr John Carlisle, Torbay
16:25–16:50	The 2022 guidelines on assessment of patients with cardiovascular disease	Professor Pierre Foex, Oxford
16:50–17:05	Discussion and Q&A	
17:05	Close <i>[drinks reception]</i>	

Day 2: Thursday 9 February

08:00–08:55	Registration	
08:55–09:00	Introduction	Dr Vassilis Athanassoglou, Oxford
Session 1: Brain and lung (Chair: Dr Vassilis Athanassoglou)		
09:00–09:25	Sleep apnoea: What if undiagnosed?	Dr Sara McDouall, Reading
09:25–09:50	How to prepare a patient with COPD	Professor Mona Bafadhel, London
09:50–10:15	The patient with pulmonary hypertension on your list	Dr Ruth Newton, Sheffield
10:15–10:35	Discussion and Q&A	
10:35–11:00	Refreshments	
Session 2: The cardiac patient (Chair: Dr Vassilis Athanassoglou)		
11:00–11:25	Gas induction in the adult	Professor Anil Patel, London
11:25–11:50	Elective surgery: when to anaesthetise after a major cardiac event?	Professor Pierre Foex, Oxford
11:50–12:15	Concerns about arrhythmias	Dr Matthew Ginks, Oxford
12:15–12:35	Discussion and Q&A	
12:35–13:30	Lunch	
Session 3: Pregnancy and other challenges (Chair: Prof Pierre Foex)		
13:30–13:55	Controversies in obstetrics	Dr Mary Mushambi, Leicester
13:55–14:20	Lessons of the confidential inquiry	Dr Seema Quasim, Coventry
14:20–14:45	DOAC and the risk of perioperative bleeding	Dr Lara Roberts, London
14:45–15:05	Discussion and Q&A	
15:05–15:30	Refreshments	
Session 4: Medical conditions: how to optimise the patient (Chair: Prof Pierre Foex)		
15:30–15:55	Prehabilitation	Dr Helen Anderson, Plymouth
15:55–16:20	The diabetic patient presenting for surgery	Dr Simon Howell, Leeds
16:20–16:35	Discussion and Q&A	
16:35	Close	

Day 3: Friday 10 February

08:00–08:55	Registration	
08:55–09:00	Introduction	Dr Vassilis Athanassoglou, Oxford
Session 1: Safety of practice (Chair: Prof Pierre Foex)		
09:00–09:25	TIVA: Safe practice	Professor Anthony Absalom, Groningen, Netherlands
09:25–09:50	Implementation of early preoperative screening and optimisation	Prof Ramani Moonesinghe, London
09:50–10:15	Paediatric anaesthesia for non-specialists	Dr Tim Wittington, Oxford
10:15–10:35	Discussion and Q&A	
10:35–11:00	Refreshments	
Session 2: The extremes and their difficulties (Chair: Prof Pierre Foex)		
11:00–11:25	The patient with obesity	Dr Claire Nightingale, Amersham
11:25–11:50	Drug dosing in morbid obesity	Dr Mike Margaron, Chichester
11:50–12:15	The difficult back	Dr David Pappin, Torbay
12:15–12:35	Discussion and Q&A	
12:35–13:30	Lunch	
Session 3: Operative and perioperative medicine (Chair: Dr Vassilis Athanassoglou)		
13:30–13:55	What can we expect from NAP7	Dr Emira Kursumovic, Bath
13:55–14:20	Preventing renal failure: Can we protect the kidneys?	Dr Nicoletta Fossati, London
14:20–14:45	Emergency abdominal aortic aneurysm	Dr Nicolas Wisely, Manchester
14:45–15:05	Discussion and Q&A	
15:05	Close	