

After the Final FRCA: Making the most of ST5-ST7

Wednesday 21 April 2021 | Online



Clinical Content Lead: Dr Peeyush Kumar

Hear from recently appointed consultants on how to build your career in anaesthesia. You will gain valuable insight into various clinical sub-specialties such as obstetrics, paediatrics, neuroanaesthesia, cardiothoracic anaesthesia, intensive care medicine and pain medicine, enabling you to **make a more informed career decision**. In addition, the importance of your own **wellbeing** and getting the **work/life balance** right will be discussed along with ways in which to **build your portfolio and CV**.

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09:00-09:05	Introduction and welcome	Dr Peeyush Kumar
09:05-09:15	Address by RCoA Vice President	Dr Fiona Donald
09:15-09:35	Leadership opportunities for trainees	Dr Jamie Strachan
09:35-09:55	How I became a specialist Intensive care medicine	Dr Jamie Strachan
09:55-10:15	Neuroanaesthesia	Dr Ilyas Qazi
10:15-10:35	Perioperative medicine	Dr Isra Hassan
Each session will include a 5-minute Q&A		
10:35-10:50	BREAK	
10:50-11:10	How I became a specialist Regional anaesthesia	Dr Laith Malhas
11:10-11:30	Pain medicine	Dr David Gore
11:30-11:50	Paediatrics	Dr Ahmed Mesbah
Each session will include a 5-minute Q&A		
11:50-12:00	BREAK	
12:00-12:20	How I became a specialist Cardiothoracic anaesthesia	Dr Emily Buckwell
12:20-12:40	Obstetrics	Dr Emma Plunkett
Each session will include a 5-minute Q&A		
12:40-13:00	Fellowships in low-income countries	Dr Ian Geraghty MBE
13:00-13:45	LUNCH BREAK	
13:45-14:25	Worklife integration	Dr Gordon French
14:25-14:45	Less than full time (LTFT)	Dr Emma Plunkett
14:45-15:05	Wellbeing	Dr Roopa McCrossan
15:05-15:15	BREAK	
15:15-16:00	CV building	Dr Alex Goodwin
16:00-16:10	SUMMING UP / CLOSE	