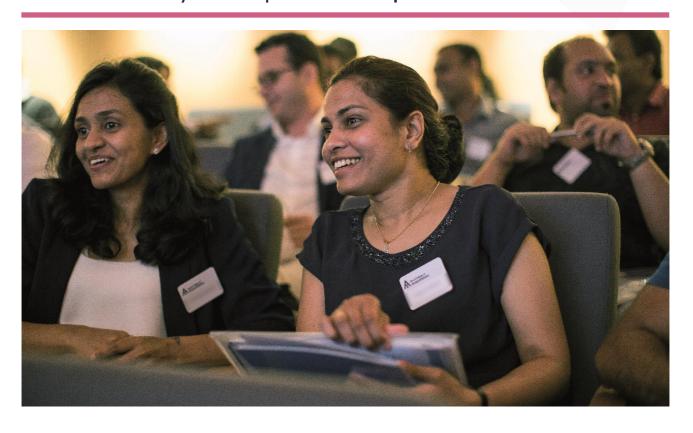


## After the Final FRCA: Making the most of ST5-ST7 Wednesday 21 April 2021 | Online



## Clinical Content Lead: Dr Peeyush Kumar

Hear from recently appointed consultants on how to build your career in anaesthesia. You will gain valuable insight into various clinical sub-specialties such as obstetrics, paediatrics, neuroanaesthesia, cardiothoracic anaesthesia, intensive care medicine and pain medicine, enabling you to **make a more informed career decision**. In addition, the importance of your own **wellbeing** and getting the **work/life balance** right will be discussed along with ways in which to **build your portfolio and CV**.

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## After the Final FRCA: Making the most of ST5-ST7 Wednesday 21 April 2021

09:00-09:05 Introduction and welcome Dr Peeyush Kumar 09:05-09:15 Address by RCoA Vice President Dr Fiona Donald 09:15-09:35 Leadership opportunities for trainees Dr Jamie Strachan  How I became a specialist Intensive care medicine Dr Ilyas Qazi Dr Ilyas Qazi Dr Ilyas Qazi Dr Ilyas Qazi Dr Isra Hassan  Each session will include a 5-minute Q&A  10:35-10:50 BREAK  How I became a specialist Regional anaesthesia Dr David Gore Dr Ahmed Mesbah  10:50-11:10 Pain medicine Dr David Gore Dr Ahmed Mesbah  Each session will include a 5-minute Q&A  11:50-12:00 BREAK  How I became a specialist Cardiothoracic anaesthesia Dr Emily Buckwell Dr Emma Plunkett  12:00-12:20 Cardiothoracic anaesthesia Dr Ian Geraghty MBE  13:00-13:45 LUNCH BREAK  13:45-14:25 Worklife integration Dr Gordon French  14:25-14:45 Less than full time (LTFT) Dr Emma Plunkett  15:05-15:15 BREAK  15:15-16:00 CV building Dr Alex Goodwin  16:00-16:10 SUMMING UP / CLOSE			
How I became a specialist   Dr Jamie Strachan	09:00-09:05	Introduction and welcome	Dr Peeyush Kumar
How I became a specialist 10:35-10:35   Intensive care medicine   Dr Jamie Strachan   Dr Ilyas Qazi   Dr Isra Hassan   Each session will include a 5-minute Q&A  10:35-10:50   BREAK   How I became a specialist   Regional anaesthesia   Dr David Gore   Dr Ahmed Mesbah   11:10-11:30   Paediatrics   Dr Ahmed Mesbah   Each session will include a 5-minute Q&A  11:50-12:00   BREAK   How I became a specialist   Dr Ahmed Mesbah   Each session will include a 5-minute Q&A  11:50-12:00   BREAK   12:00-12:20   Cardiothoracic anaesthesia   Dr Emily Buckwell   Dr Emma Plunkett   Each session will include a 5-minute Q&A  12:40-13:00   Fellowships in low-income countries   Dr Ian Geraghty MBE  13:00-13:45   LUNCH BREAK   13:45-14:25   Worklife integration   Dr Gordon French   14:25-14:45   Less than full time (LTFT)   Dr Emma Plunkett   14:45-15:05   Wellbeing   Dr Roopa McCrossan   15:05-15:15   BREAK   15:15-16:00   CV building   Dr Alex Goodwin	09:05-09:15	Address by RCoA Vice President	Dr Fiona Donald
09:35-09:55     Intensive care medicine     Dr Jamie Strachan       09:55-10:15     Neuroanaesthesia     Dr Ilyas Qazi       10:15-10:35     Perioperative medicine     Dr Isra Hassan       Each session will include a 5-minute Q&A       10:35-10:50     BREAK       How I became a specialist       10:50-11:10     Regional anaesthesia     Dr Laith Malhas       11:10-11:30     Pain medicine     Dr David Gore       11:30-11:50     Paediatrics     Dr Ahmed Mesbah       Each session will include a 5-minute Q&A       11:50-12:00     BREAK       How I became a specialist       12:00-12:20     Cardiothoracic anaesthesia     Dr Emily Buckwell       12:20-12:40     Obstetrics     Dr Emma Plunkett       12:40-13:00     Fellowships in low-income countries     Dr Ian Geraghty MBE       13:00-13:45     LUNCH BREAK       13:45-14:25     Worklife integration     Dr Gordon French       14:25-14:45     Less than full time (LTFT)     Dr Emma Plunkett       14:45-15:05     Wellbeing     Dr Roopa McCrossan       15:05-15:15     BREAK       15:15-16:00     CV building     Dr Alex Goodwin	09:15-09:35	Leadership opportunities for trainees	Dr Jamie Strachan
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10:50-11:10 Regional anaesthesia Pain medicine Paediatrics Proposition Paediatrics Paediatrics Proposition Paediatrics Paediatrics Proposition Proposi	10:35-10:50	BREAK	
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