

## New to the NHS Meeting (Online)

Monday 8 March 2021

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**Location:** Online, Zoom

**Registration:** £0 (Free event)

The Royal College of Anaesthetists is pleased to invite newly-appointed MTI doctors to attend the New to the NHS Meeting. This event aims to help doctors who are new to the NHS understand their role and responsibilities and how they will interact within the NHS.

**Some of the talks will be sent to delegates to watch prior to the live meeting. The live meeting will be an opportunity to reflect on the talks, discuss the main themes and ask questions to speakers. This will also offer a networking opportunity.**

## New to the NHS Meeting (Online)

8 March 2021

0925-0930	REGISTRATION	
0930-0935	Welcome	Dr Hafiz Rehman, Lancashire
<b>Session 1: Welcome to UK Practice (Chair: Dr Hafiz Rehman, Lancashire)</b>		
0935-1035	GMC's Welcome to UK Practice: A taster session	Mr Howard Lewis, Regional Liaison Adviser South East, GMC
<b>Session 2: The MTI Journey (Chair: Dr Dipesh Odedra, Leeds)</b>		
1035-1040	Overview of the RCoA MTI Team	
1040-1100	<p><b>Adjusting to life in the UK and the NHS: Challenges and benefits and the role of the Educational Supervisor-</b></p> <p><i>Discussion and Q&amp;A session relating to the following pre-watched talks:</i></p> <ul style="list-style-type: none"> <li>An Introduction to reflect on your challenges, benefits and expectations as MTI Doctors (Dr Hafiz Rehman, Lancashire)</li> <li>Settling in (Dr Dipesh Odedra, Leeds)</li> <li>Adjusting to life in the UK: an MTI doctor's first person experience (Dr Prakash Chaudhary, MTI doctor)</li> <li>What to expect from an Educational Supervisor for IMGs? (Dr Krishnan Melarkode, Yorkshire)</li> </ul>	<p><b>PANEL:</b></p> <p>Dr Hafiz Rehman, Lancashire</p> <p>Dr Dipesh Odedra, Leeds</p> <p>Dr Prakash Chaudhary, MTI doctor</p> <p>Dr Krishnan Melarkode, Yorkshire</p> <p>Dr Pushpa Bheemappa, Northampton</p> <p>Dr Sujesh Bansal, Manchester</p>
1100-1110	Racism and discrimination	Dr Mali De Silva, KSS
1110-1120	Support during COVID-19 pandemic	Shashi Chandrashekaraiah & Dr Avinash Jha, Lancashire
1120-1130	<p><b>Lifelong Learning Platform and CPD-</b> Discussion and Q&amp;A session relating to the following pre-watched talks:</p> <ul style="list-style-type: none"> <li>Lifelong Learning Platform and CPD (Miss Esma Doganguzel, RCoA &amp; Mr Chris Kennedy, RCoA)</li> </ul>	<p><b>PANEL:</b></p> <p>Miss Esma Doganguzel, RCoA</p> <p>Mr Chris Kennedy, RCoA</p> <p>Dr Prakash Chaudhary, MTI doctor</p> <p>Dr Shashi Chandrashekaraiah, Lancashire</p>
<b>Session 3: Opportunities for MTI doctors (Chair: Dr Pushpa Bheemappa, Northampton)</b>		
1130-1150	<p><b>Learning opportunities-</b> Discussion and Q&amp;A session relating to the following pre-watched talks:</p>	<p><b>PANEL:</b></p> <p>Dr Sujesh Bansal, Manchester</p>

- *Maximising your learning opportunities in the NHS* (Dr Sujesh Bansal, Manchester)
- *Development opportunities for MTI doctors* (Dr Dipesh Odedra, Leeds)
- *Pain Medicine* (Dr Victor Mendis, Essex)

**Dr Dipesh Odedra, Leeds**  
**Dr Victor Mendis, Essex**  
**Dr Krishnan Melarkode, Yorkshire**  
**Dr Prakash Chaudhary, MTI doctor**

1150-1200

MTI Simulation courses

Dr Mali De Silva, KSS & Dr  
 Shashi Chandrashekaraiah,  
 Lancashire

1200-1220

**Sitting the Exams-** Discussion and Q&A session relating to the following pre-watched talks:

- *The FRCA Exam* (Dr Geraint Briggs, Manchester)
- *FFICM Examination* (Dr Shashi Chandrashekaraiah, Lancashire)
- *Pain Medicine (FFPMRCA Examinations)* (Dr Victor Mendis)

**PANEL:**

**Dr Geraint Briggs, Manchester**  
**Dr Shashi Chandrashekaraiah, Lancashire**  
**Dr Mali De Silva, KSS**  
**Dr Victor Mendis, Essex**

## Session 4: Preparing for the future (Chair: Dr Victor Mendis, Essex)

1220-1230

**Creating an action plan and post-MTI experience-** Discussion and Q&A session relating to the following pre-watched talks:

- *How to create an action plan* (Dr Pushpa Bheemappa, Northampton)
- *What after MTI?* (Dr Mali De Silva, KSS)

**PANEL:**

**Dr Mali De Silva, KSS**  
**Dr Pushpa Bheemappa, Northampton**

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## Video Materials

**Total duration of videos: 188 minutes (3 hours and 8 minutes)**

You should have watched the following presentations prior to attending the live event on 8 March 2021:

Name of talk	Speaker	Video duration
An Introduction to reflect on your challenges, benefits and expectations as MTI Doctors	Dr Hafiz Rehman	3 minutes
Settling in	Dr Dipesh Odedra	15 minutes
Adjusting to life in the UK: an MTI doctor's first person experience	Dr Prakash Chaudhary	30 minutes
What to expect from an Educational Supervisor for IMGs?	Dr Krishnan Melarkode	17 minutes
Lifelong Learning Platform and CPD	Miss Esma Doganguzel & Mr Chris Kennedy	26 minutes
Maximising your learning opportunities in the NHS	Dr Sujesh Bansal	25 minutes
Development opportunities for MTI doctors	Dr Dipesh Odedra	6 minutes
Pain Medicine	Dr Victor Mendis	18 minutes
The FRCA Exam	Dr Geraint Briggs	19 minutes
FFICM Examination	Dr Shashi Chandrashekaraiyah,	8 minutes
How to create an action plan	Dr Pushpa Bheemappa	10 minutes
What after MTI?	Dr Mali De Silva	11 minutes